



THE CORNERSTONE MESSAGE

® "The Official Organ of the M.W. Prince Hall Grand Lodge, F&AM of Alabama."

VOLUME IV, ISSUE IV

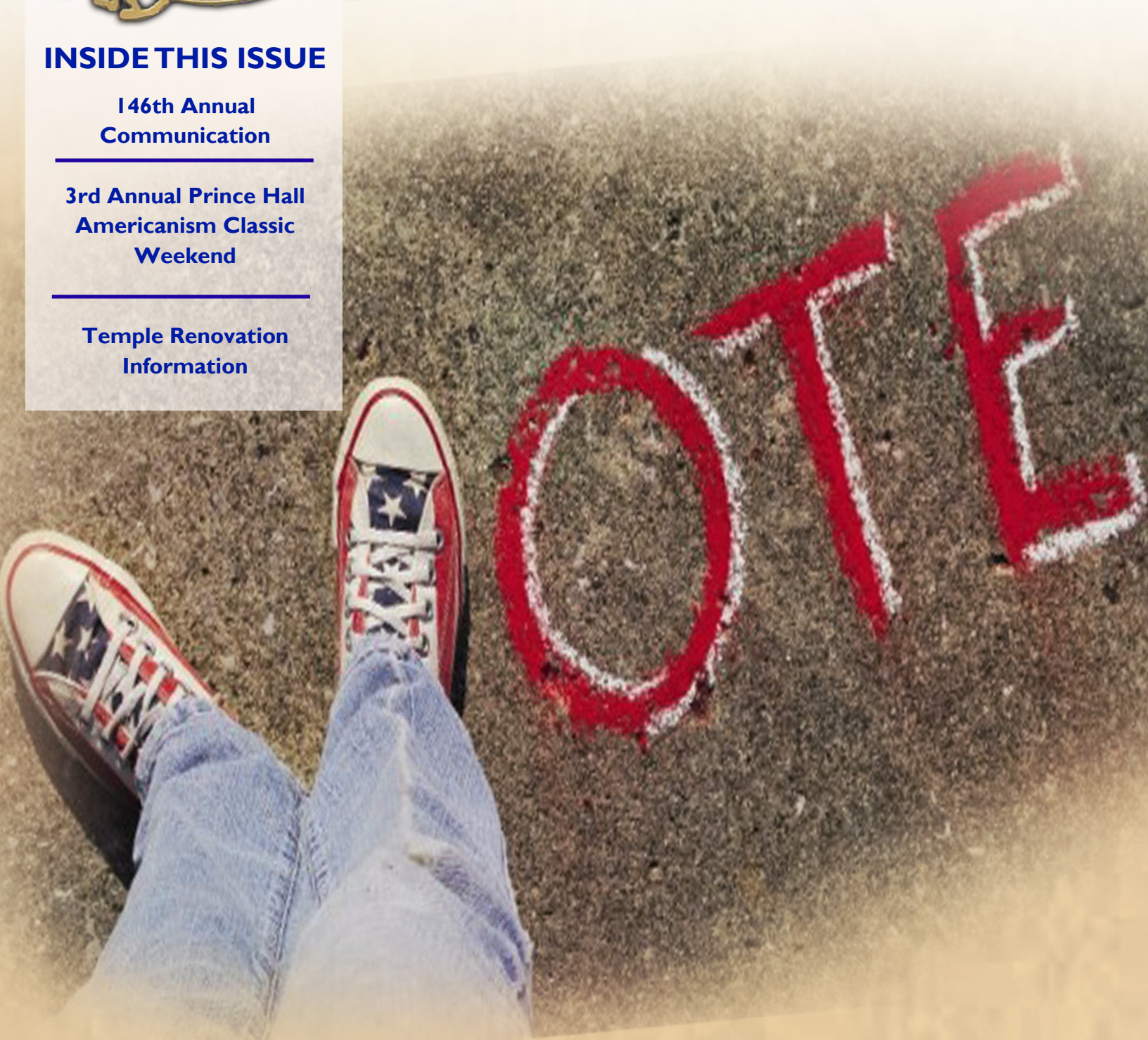
OCTOBER 2016

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Desire is the key to motivation, but it's determination and commitment to an unrelenting pursuit of your goal – a commitment to excellence – that will enable you to attain the success you seek.
Mario Andretti

Just as the foliage of the trees are currently changing and taking on the colors of autumn, so is the Most Worshipful Prince Hall Grand Lodge of Alabama changing. We are changing for the better and I am excited about it! Our commitment to our programs continues to grow. Our pursuit of excellence continues to increase.

We had an outstanding 146th Annual Communication in Birmingham, Alabama. Each year, the attendance at our Annual Communication continues to grow considerably. Our sec-

ond statewide raising was a huge success. The class was named in honor of the late Brother Benjamin E. Beasley, Jr. It gives me great joy to see the excitement on the newly raised Master Masons faces when they are allowed to participate with us. We also had the induction of our second class to the Most Worshipful Prince Hall Grand Lodge of Alabama's Hall of Fame. I congratulate each inductee on your accomplishment. We were also fortunate enough to charter Charles V. Hendley Lodge No. 972 while at the session.

We were also fortunate enough to have another successful Prince Hall Americanism Classic Weekend. Our riverboat ride was very pleasurable. Our tailgate was filled with fun and fellowship. Also, we continued the custom of helping deserving students attain a college education by making a \$3,000.00 scholarship donation to Alabama State University.

Thanks to all who participated in the various events over the last quarter and thanks to Grand Worthy Matron Pringle and the members of the Order of Eastern Star for your continued support.

Henry Ford once said, "If everyone is moving forward together, then success takes care of itself." Brothers, let us continue to work together to improve this Grand Lodge. Let us continue to be committed and determined to attain our goal – to be the model Grand Lodge for all of freemasonry. By working together, with God Almighty as our guide, we can and will achieve our goal.

Last, but certainly not least, within a matter of days the citizens of this nation will be asked to participate in the democratic process and go to the polls to select our next President, as well as, other elected officials. It is our fundamental right and our imperative duty to get out to the polls and vote. Many have sacrificed their lives for us to have the fundamental right of voting. Do not take this election for granted! Exercise your right. Go vote! Let us help others who may need transportation to the polls. We should do all we can to make sure that all, who are registered to vote, actually vote. VOTE! VOTE!! VOTE!!!

May God's grace continue to be a blessing to you, to our country, and to our beloved Grand Lodge.

Fraternally,

Corey D. Hawkins, Sr.

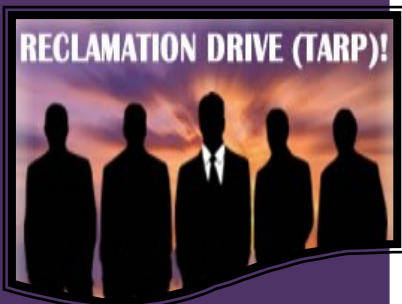
Most Worshipful Grand Master

Message from the Editor



PM Herman "Jerome" Glover (50)
Publication Editor

"This program is designed to allow suspended members to reinstate for a more affordable fee."



To all readers and supporters of this Official Publication of the Most Worshipful Prince Hall Grand Lodge of Alabama titled *The Cornerstone Message*, Greetings: I would like to take this time to thank all of the contributors to this edition of *The Cornerstone Message*. I commend you on your good works and taking advantage of utilizing this instrument to display your great jurisdiction of Alabama. This jurisdiction continues to accomplish great things and you will find some of them captured within this edition of *The Cornerstone Message*.

I do ask you to be mindful of the Article Submission Guidelines on the last page of this newsletter. No more than two articles per lodge can be submitted for each edition of the newsletter. Individual pictures should be of good quality in JPEG and not as a collage. Pictures should also capture actions of the event showing the readers your event and not just a group picture of the brothers in the lodge. The write up should be at least one paragraph telling the story of your article to the readers. *The Cornerstone Message* isn't Facebook or Instagram where you post several pictures and a few sentences. Take time to or-

ganize and tell your good works to the readers as best you can. Finally, please include a point of contact and a telephone number with your article submissions.

As always, I want to encourage all subordinate lodges to continue to support *The Cornerstone Message* and show everyone throughout the jurisdiction what your lodges are doing in your respective areas to add to the mission of making sure Prince Hall Masonry is at the forefront in the state of Alabama.

- PM Herman "Jerome" Glover
Publication Editor

Reclamation Drive (TARP)

Members suspended after June, 2002, can reinstate by paying the following:

In an attempt to give suspended Brothers an opportunity to become active again during these tough economic times, our Most Worshipful Grand Master has devised a plan named TARP- Traveling Again Reclamation Program. This program is designed to allow suspended members to reinstate for a more affordable fee.

- \$20.00 reinstatement fee
- \$10.00 taxes
- \$25.00 registration
- \$50.00 assessment (Have two years to pay the remaining \$200.00)
- \$105.00 Total

Members suspended before June, 2002, can reinstate by paying the following:

- \$20.00 reinstatement fee
- \$10.00 taxes
- \$25.00 registration
- \$50.00 assessment (Have two years to pay the remaining \$150.00)
- \$105.00 Total

TARP serves a two-fold purpose: (1.) It gives suspended Brothers a more affordable means of reinstating and (2.) It gives dying lodges a final opportunity to salvage their existence by increasing their numbers before being forced to close or merge. Our Grand Master has extended a challenge for the members of this jurisdiction to go out and reclaim our lost Brothers. TARP will be in effect through July 31, 2017.

146th Annual Grand Lodge Communication



“Team Work Makes the Dream Work”





“Hard Work Doesn’t Go Unnoticed”



1st Place
District Deputy of the Year
R.W. Morris E. Toodles II
District No. 7



1st Runner Up
District Deputy of the Year
R.W. Anthony J. Johnson
District No. 17



2nd Runner Up
District Deputy of the Year
R.W. Kenneth Hardy
District No. 15



1st Place
Rural Lodge of the Year
Goshen Lodge No. 132



2nd Place
Rural Lodge of the Year
Liberty Star Lodge No. 333



3rd Place
Rural Lodge of the Year
Keystone Lodge No. 40



1st Place
City Lodge of the Year
Pride of North Birmingham No. 319

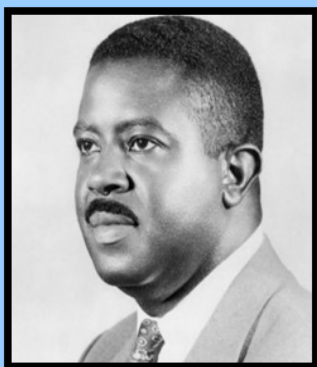


2nd Place
City Lodge of the Year
Phoenix Lodge No. 476

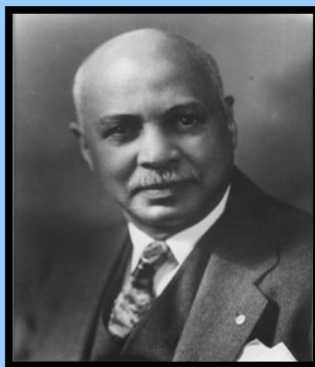


3rd Place
City Lodge of the Year
Morning Star Lodge No. 50

Congratulations
to the
2016 Most Worshipful Prince Hall Grand Lodge of Alabama
Hall of Fame Inductees



Bro. Ralph David Abernathy, No. 530



Bro. William C. Handy, No. 19



Bro. William H. Mack, No. 619

Posthumous Inductions

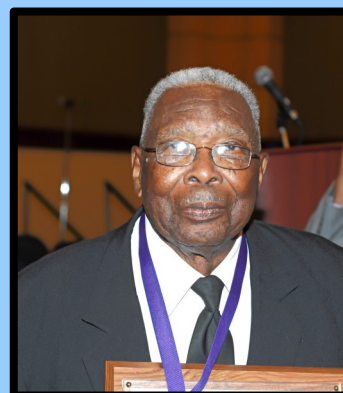
Brother Ralph David Abernathy (Civil Rights Activist), Pride of Linden No. 530

Brother William C. Handy (Composer and Blues Musician), Centennial No. 19

Brother William H. Mack (Outstanding Service to Masonry), Imperial No. 619



Bro. Dennis L. Via, No. 459



Bro. James I. Sneed, No. 53

Other Inductions

Brother Dennis Via (Outstanding Service to U.S. Armed Forces) Holding No. 459

Brother James I. Sneed (Outstanding Service to Masonry) Pride of Shiloh No. 53

**THE MWPHGL OF ALABAMA AND THE PRINCE HALL LEGACY FOUNDATION
WOULD LIKE TO THANK THE FOLLOWING DONORS FOR THEIR CONTRIBUTIONS
AT OUR 2016 ANNUAL SESSION**

Acie Hale	Erick Kennedy	Matthew Hardy, Jr.
Godfrey Johnson	Charlie M. Axle, Jr.	E. Baxter Morris
George D. Echols	Quinton Burrow	Belfondia Pou
Robert Gilmore	Jimmy L. Farmer	Armar Wagner
Robert W. Glenn	Donald R. Parks	John H. Mayfield
Jerry Taylor	Tyrone C. Means	Benjamin Barksdale
Robert Goodloe	Ellias Thompson	District 7 Masters' Council
Khediye Temple No. 16	Andrew J. Fuller	District 17 Masters' Council
Richard Wilson, Jr.	George Gibbs	District 3 Masters' Council
Stillman Lodge No. 490	Ruth Lodge No. 33	Phoenix Lodge No. 428
Victor Pettus	George E. Wilson	Milton Howze Lodge No. 408
James L. Ford	James Gray, II	Pot of Manna Lodge No. 478
Corey D. Hawkins, Sr.	Billy Morris	Mack-Andrew Lodge No. 624
Woodie Pugh, Jr.	Maurice Edwards	Red Cross Consistory No. 2-A
Anthony Johnson	Derrick Hudson	David Temple Lodge No. 9
Timothy Sanford	Kevin Howard	Geometry Lodge No. 410
Archive Lodge No. 75	Freddie L. Armstead, Jr.	W.H. Mack Grand Chapter
William Dean Anderson	District No. 5	W.H. Mack Grand Council
Senator Bobby Singleton	Johnny Issac	Hendley-Mack Grand Commandery
Magnolia Lodge No. 218	Abdul Khalil'Ilah	Alabama Priory No. 14
State Rep. A. J. McCampbell	Tuxedo Lodge No. 431	Benjamin Beasley Class of 2016
Judge Collins Pettaway, Jr.	Pompey & Pompey, PC	New Beginning Lodge No. 970
Judge Donald McMillan	Judge Marvin Wiggins	Pride of N. Birmingham Lodge No. 319

CONGRATULATIONS TO OUR 2016 SCHOLARSHIP RECIPIENTS

<u>Name</u>	<u>College/University</u>	<u>Amount</u>
Steven Gutzmore	Troy University	\$1,400.00
Orielle A. Caudle	University of Alabama Birmingham	\$1,400.00
Savion R. Hill	University of North Alabama	\$1,400.00
Jordan Finklea	Alabama Southern Community College	\$1,400.00
Ericka McClendon	Troy University	\$1,400.00
Alexandria Harper	Auburn University	\$1,400.00
	Alabama State University	\$3,000.00
	Alabama A. & M. University	\$5,000.00



Back to The Beginning

I never imagined visiting Boston, let alone visiting the grave of Prince Hall. By the grace of God, my oldest son Laramie Long, Jr. was selected to be a part of The Congress of Future Science and Technology Leaders at the Tson-gas Center in Lowell, Massachusetts.

I felt that it was truly an honor for my son to be selected as one of thousands of students from all over the United States to attend the Congress. Although this was an event for my son, I saw this moment as an opportunity to visit the grave of Prince Hall. What made this moment so great for me was the fact that I'd be sharing it with my son. My son often asks me questions about masonry and now I had the opportunity to introduce him to the man who started it all. To see the look in my son's eyes as he read the history of Prince Hall was truly priceless.

I would like to encourage every PHA mason to plan a trip to visit the burial site of Prince Hall. It's truly worth the trip and it makes you have a greater respect and appreciation for the craft.

Contributor – Bro. Laramie Long, Sr. (No. 333)

Reverend Laramie Long Sr. was born and raised in Greensboro, AL. He's a proud graduate of the Hale County School System. Laramie furthered his education at the University of Alabama where he majored in Criminal Justice and Social Work. In 1996, Laramie was raised in Friendship Lodge No. 228 in Greensboro, Alabama. He is now a member of Liberty Lodge No. 333 where he serves as the Chaplain. On January 31, 1999, Brother Long gave his first sermon at the Pleasant Grove Baptist Church in Greensboro. Brother Long has been in ministry for 17 years and has served as Pastor of the Morning Star Baptist Church in Marion for 3 years. Brother Long is a two-time combat veteran of Operation Iraqi Freedom (OIF) 03' and Afghanistan 2010. Brother Long retired from the military in 2014. Brother Long currently serves as the Unit Director of the Boys and Girls Club, Greensboro Unit and he does other outreach ministries through Hale and Perry Counties.



2016 Prince Hall Americanism Football Classic Weekend

District No. 8 hosted the Third Annual Prince Hall Americanism Classic Weekend Celebration in Montgomery on September 23 – 25, 2016. The annual event is a joint effort between the Most Worshipful Prince Hall Grand Lodge of Alabama and Alabama State University.

The celebration consisted of a variety of activities and programs. The celebration began on Friday, September 23, with registration at the headquarters hotel, The Homewood Suites. Following registration and a brief rest, many of the participants boarded the Harriett II for a cruise down the Alabama River. The boat sailed at 10:30 P.M. and returned to the docks at 12:30 A.M. Saturday began early for many of the Brothers and Sisters of District No. 8 as they assembled at historic First Baptist Church to assist with preparation of the food and other refreshments for the tailgate meal on the campus of Alabama State University. Others were busy putting up tents and arranging tables and chairs for the tailgate. The tailgate activity was attended by GWM Annie Pringle, GWP Calvin Miller, officers and members of Mizpah Grand Chapter and Chapters throughout the Jurisdiction of Alabama. Also attending was the Honorable Corey D. Hawkins, Sr., Esq., Most Worshipful Grand Master, officers of the Grand Lodge, Grand District Deputies, and members of Lodges throughout the Jurisdiction of Alabama, and visiting Brothers and Sisters. The Grand Lodge was joined by individual Lodges in preparing ribs, chicken, hamburgers, hot dogs, fish and all the trimmings. In addition to the traditional tailgate, a Bar-B-Q grilling contest was sponsored by the Grand Lodge. Competition consisted of judging for the best ribs, chicken, and Boston Butt. The judges were provided samples of each contestants finished product and chose the best in each category. Brother Walter Lacey a member of Hermon Lodge No. 260, District No. 10, won first place in all three categories. Congratulations Brother Lacey!

Following the tailgate Grand Master Hawkins, Grand Worthy Matron Pringle, and other Grand Lodge and Grand Chapter Officers presented a scholarship donation to Dr. Gwendolyn Boyd, President of Alabama State University prior to the beginning of the football game between Alabama State University and Texas Southern University.



Grand Master Hawkins with Brother Walter Lacey winner of the Bar-B-Q cook off



Brother Walter Lacey winner of the Bar-B-Q cook off with Grand Master Hawkins, Mrs. Lacey and RW Donald R. Parks

Following the game, there was an after party hosted by Shaaban Temple No. 103 and Shaaban Court No. 126 at a local establishment. The Temple and Court hosted the affair in support of the Grand Lodge and the Prince Hall Americanism Classic Weekend Celebration. Attendees were treated to heavy hord'oeuvres, other refreshments and music for dancing or just relaxing and listening. Everyone in attendance had an enjoyable time.

On Sunday morning, September 25, the attendees assembled at historic First Baptist Church, 347 N. Ripley Street for the formal celebration of Prince Hall Americanism Day. Brothers and Sisters from District No. 8 and throughout the Jurisdiction of Alabama were in attendance. Rev. E. Baxter Morris, The Senior Pastor and the Grand Chaplain of the Jurisdiction of Alabama brought the message for the celebration. A brief history of Prince Hall was presented for those in attendance. Introduction of the various houses affiliated with Prince Hall Masonry was presented by Deputy Grand Master Robert Glenn. Comments were made by Grand Worthy Matron Pringle. The program and the Third Annual Prince Hall Americanism Classic Weekend Celebration was closed with comments and remarks by Most Worshipful Corey D. Hawkins, Sr., Esq., Most Worshipful Grand Master.

Contributor – RW Donald R. Parks



Saturday

The Tailgate at Alabama State



Sunday First Baptist Church



Update on Temple Renovation



The Celebrated Colored Masonic Temple Building with Proposed Parking Deck Addition

LEGENDARY PRESENCE FASHIONED ONLY BY A LEGACY OF COMMUNITY, SERVICE & CHARITY

◆ Now Accepting New Occupancy Pre-Leasing ◆



SAMPLE TYPICAL NEW FLOOR PLAN

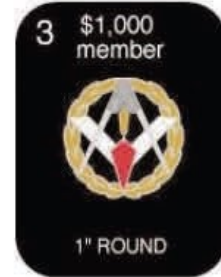
- ◆ Large enough to accommodate the needs for 10 or more staffers
- ◆ Flexible office arrangements available to satisfy the small professional entrepreneur
- ◆ All new infrastructure—Plumbing; Heating Ventilation Air Conditioning; Lighting; Power; Communications; Wi-Fi connections; Video teleconferencing
- ◆ Access to shared conference rooms
- ◆ Centralized Downtown Location
- ◆ Professional Office environment having competitive square foot costs
- ◆ Historical setting updated with current technologies
- ◆ ADA— Compliant
- ◆ Non-Profit Organizations invited
- ◆ We will work with you to customize to your organization's specifications
- ◆ Convenient location to Local, State & Federal Court Houses

Support the Temple Renovation

Most

Worshipful Prince
Hall Grand Lodge
of Alabama Temple
Renovation Lapel
Pins are still
available for new
and existing
members upon
receipt of donation
(s). Collect up to
each level.

Display your
support
for the temple
renovation!



Support the Prince Hall Legacy Foundation of Alabama, Inc.



BY PURCHASING YOUR

ALABAMA PRINCE HALL GRAND LODGE LICENSE PLATE

TODAY!!!

(We have met and exceeded our required 250 COMMITMENTS)

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For More Information Visit :

<http://revenue.alabama.gov/motorvehicle/princehallgrandlodge.cfm>

*(You may purchase the MWPHGL of AL Tags Anytime,
You do not have to wait for your renewal Month!)*

Committee on Military Affairs

“Our Indispensable Duty”

In the profession of arms, there are less than one percent of all Americans that don the nations' cloth, with the solemn commitment to give their very life, if need be, in the defense of freedom and liberty. This idea of defense of freedom and liberty is a noble cause that has served two fold purposes within the Prince Hall Fraternity.

First, African Americans have fought for freedom and equality from the inception of this nation and the late Honorable Brother Prince Hall laid the cornerstone as well as charted the course for all of us that would follow when he petitioned the Irish Military Lodge for admission into the grand fellowship. In essence freemasonry came to the new world in large part by way of the military lodges from Europe operating in America.

Secondly, Prince Hall full well knew that freemasonry would serve as a vehicle to liberate the mindset and condition of his people and that liberty from racism, oppression, discrimination, and terrorism would only be achieved through service to GOD, the nation, the community, the family, and mankind.

Like George Washington and others, Prince Hall and many other fellow African Americans did their duty laying the grand tapestry for masonry in America. Hall and many other black patriots saw battle at Lexington, Concord and Bunker Hill just as many others of the craft saw battle in the US Civil War, Indian Wars, War of 1812, WWI, WWII, Korea, Vietnam, Panama, Somalia, Iraq, and Afghanistan.

In Edgar A. Guest's Poem, “I See You've Travelled Some,” he says,

*“I'd like to think when life is done
That I had filled a needed post.
That here and there I'd paid my fare
With more than idle talk and boast;
That I had taken gifts divine.
The breath of life and manhood fine,
And tried to use them now and then
In service for my fellow men.”*

You see Edgar Guest knew full well that service to mankind is our indispensable duty and our military brethren have fully embraced this charge from the founding of this nation to the present day.



Bro. (Colonel) David Wilson, US Army

Our roots run deep and the Prince Hall Fraternity's establishment of military lodges, as well as, the reception of our currently serving and veteran members within the local lodges have served as a measure to strengthen the ties that bind us all; moreover, this correlation in service and brotherhood are the links in the chain that affirm our obligations to each other and mankind. This is why with every conflict from the founding of the country until today, you will find in the fabric of military might our indispensable duties which are preservations of our practices and charity toward brothers, willingness to laydown one's life for our friends, and most importantly, "making good men better."

Brotherly love is not a tangible thought or fleeting act. It is our indispensable duty that we can't touch, smell or taste; however, we can feel it, foster it and create it for the betterment of our fraternity, homes, schools, churches, businesses, and community. This is the fuel that powers the engine of hope, liberty and freedom and allows us to lift our fellow men as we climb. As military members, our chosen profession prepares us for the fraternal way of life that yields a spiritually and morally improved man by our association with one another through our mantra to improve the quality of life around us through service to mankind.

Guest states clearly in the closing stanza of his poem, "I See You've Travelled Some",

*"When you get a brother's greeting, and he takes you by the hand,
It thrills you with a feeling that you cannot understand,
You feel that bond of brotherhood, that tie that's sure to come
When you hear him say
In a friendly way
I see you've travelled some."*

There are so many diverse aspects of our beloved fraternity, but the one constant is the universal brotherhood of man and the fatherhood of GOD. We can all be inspired by the beauties of morality, service, friendship and brotherly love as we move through the various stations in life. This is our greatest satisfaction and our indispensable duty. So as Prince Hall said in 1797, "Give the right hand of affection and fellowship to whom it belongs, let their color and complexion be what it may, let their nation be what it will, for these are your brethren, and it is your indispensable duty so to do."

Contributor — Bro. David Wilson

Brother (Colonel) David Wilson was raised in I.H. Clayborn Lodge No. 61, Oklahoma Jurisdiction in South Korea in 1992 and is a native of Charleston, SC. He holds a bachelor degree from The Citadel, The Military College of South Carolina, Masters from Central Michigan University and National Defense University. He is a member of the Military



From Whence We've Come...

Words from the East:

A Snapshot of the Address of Past Grand Master Malachi Morse

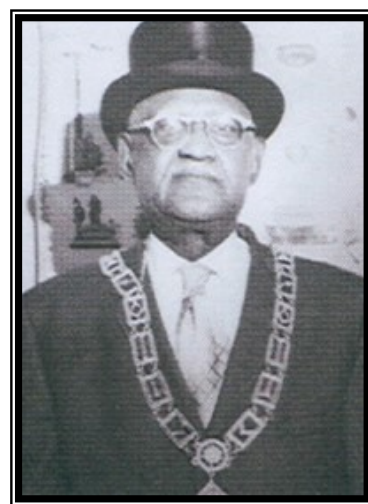
Unlike our normal review of historical figures, the desk of the Grand Historian finds it time appropriate to share the words and expressions of a rarely discussed figure within the Prince Hall Grand Lodge of Alabama, none other than Past Grand Master Malachi Morse. The Craft must keep in mind, that the words of PGM Morse, echo the discourse in the political, racial and domestic matters in America during the height of the Civil Rights Movement. As you will see, history repeats itself, and the plight of the African-American is a steady pulse, throughout time.

"...It is the spirit of the leaders that rules in all the countries of the world. The form may differ, but it is the spirit that makes the form. One of the most disheartening things in our present day life here in America is the absolute indifference and carelessness with which men view injustice, greed, hate and sin, so long as there is no direct, immediate and personal inconvenience involving their own personal interest. History, sacred and propane [sic], teaches that there is no escape for anyone from the direful results of injustice, greed and since once they have corrupted the social order.

We should all be sensitive to the injustices, wrongs, and hatreds visited upon others, though we ourselves, may not at the moment be directly involved. For after all, life is an entity and cannot be cut up into airtight compartments in which one race, one nation or one group will enjoy freedom and liberty while other groups do not. It is freedom, equality and liberty for all or freedom, equality and liberty for none. Also, we are taught as Masons that Truth is a divine tribute and the foundation of every virtue. Being taught such a high regard for truth, we cannot help face the facts of life, for facing, recognizing and acknowledging facts is the essence of truth.

Let me press upon you my brothers, that the Negro must become an integral part of the American Body [of] Politics. That somehow, he must regain his right of a free, effective and untrammelled use of the ballot in Mississippi, as well as in Massachusetts; in Alabama as well as in Arizona; in South Carolina as well as in New York. This situation of preventing the Negro from effectively voting in the South contributes as much as anything else to the creation of that condition which President F.D. Roosevelt called the unbalance of the South in the economic life of the nation. In this day and time with the government (Which is Politics) more and more concerning itself with the economic set-up of the country, the Negro without the ballot will soon be without a worthwhile job, a mere ward of the social set-up depending for a livelihood upon the crumbs which fall from the well-laden tables of the more politically-minded groups. It is my considered judgment that in the days to come for the Negro must rise or fall in proportion as he participates more fully and effectively in the main stream of our National Life.

In spite of setbacks, and obstacles, we have done well this year, but might have done better, as with us humans, there is always room for improvement. Most of you have done your full part, and I am conscious of having done mine. There has been much hard work, and many trying conditions, but your support and fine spirit has made the going pleasant, and rendered the mountains easy to climb. While our Grand Lodge continue[s] to go forward, and most of our Subordinate Lodges continue to go forward. I am sorry to report that there still are a few of our local lodges that are not doing so well.



MW Malachi Morse, PGM

Finally, my brothers, let us each here resolve to go back to our several lodges and communities determined to make a better showing during the coming year, than we did last year. Let our goal be a real revival of the True Masonic Spirit as to things spiritual and fraternal. If this is done, the material side will take care of itself. For He has said, 'Seek Ye First the Kingdom of God, and His Righteousness and all things shall be added unto you'.

In these trying times of doubt and uncertainty, when worlds and civilizations are crumbling before our very eyes, when men's hearts are faint, their spirits troubled and their souls uneasy and afraid, I commend to you as a marching song for the road of life, the indomitable courage of Hendley's "Invictus", but without its doubt and without its skepticism.

"Out of the night that covers us
Black as the pit from pole to pole,
Let us thank whatever Gods there be,
For our unconquerable souls.

In the full clutch of circumstances,
We have not winched or cried out aloud,
Under the bludgeonings [sic] of chance.
Our heads are bloody, but unbowed.

Beyond this veil of wrath and tears,
Looms but the shadow of the shade,
And yet the menace of the years,
Has found and shall find us unafraid.

It matters not how straight the gate,
How charged with punishment the scroll,
We are Masters of our Fate,
We are the Captains of our Souls."



Grand Master Malachi Morse
97th Annual Communication
Mobile, Alabama
July 25, 1967

Contributor — RW L. Ken Collins, II
Grand Lodge Historian

Message from the Grand Medical Registrar

Jeremiah 17:14 - Heal me, O LORD, and I shall be healed; save me, and I shall be saved: for thou art my praise.

Greetings:

It is indeed a blessing to see another day. In order to see this day, requires a blessing from the Grand Architect and a good night's sleep, which leads to subject of Sleep Apnea. Sleep Apnea is a disorder in which your breathing stops or gets very shallow. These lapses in breathing can last from a few seconds to minutes. These events can occur multiple times in just over an hour time span throughout the night. The most common type of sleep apnea is obstructive sleep apnea. This type of apnea causes your airway to collapse causing blockage of air flow during sleep. You may have been told on occasion that you snort or make choking sounds when you are sleeping. This is your body's way of jump starting normal breathing. Loud snoring is commonly associated with sleep apnea. Not everyone that snores has sleep apnea. However, if it sounds like a bear is sleeping in your bed; you should probably be evaluated for sleep apnea.

Some risk factors for sleep apnea include being overweight, small airways, male, and family history. You may experience daytime drowsiness if you have sleep apnea. This occurs because your sleep is being interrupted during the night. I break it down to patients by explaining that when you have sleep apnea, carbon dioxide is being retained instead of being exchanged for oxygen. You may at times awake with a headache or feeling as if you had five more minutes to sleep your day would go pretty well. However, with sleep apnea you can sleep for hours and still not be refreshed when you awake. Other symptoms include waking up with dry mouth or sore throat. Difficulty staying asleep and being irritable. You may also experience difficulty concentrating.

Sleep apnea is a condition that should be evaluated by your physician if you suspect you may have this condition. Sleep apnea can lead to car accidents, work injuries and other health related problems. There are several options available if you have sleep apnea. These options can range from surgery, breathing devices, mouthpieces and changes in lifestyle.

Typically you would be evaluated by having a sleep study in which you are connected to monitors to evaluate your sleep pattern. Home sleep tests are now also available. Your physician and you can decide which test works best for you.

Do not take sleep apnea for granted if your are diagnosed with this condition. Sleep apnea can increase your risk for high blood pressure, and heart disease. This occurs because sudden drops in the oxygen level of your blood can increase blood pressure and put a strain on your heart. Sleep apnea can also affect your relationships because your snoring can cause your partner to be sleep deprived as well. Remember if mommy isn't happy then no one is happy.

Sleep apnea can also lead to death. A famous athlete most guys knew was Reggie White, former defensive end for the Green Bay Packers. He died in his sleep from sleep apnea. His wife now encourages men to get checked for sleep apnea.

Some helpful tips you can try while you are waiting to be evaluated by your physician is to lose weight, exercise, sleep on your side, avoid alcohol, sleeping medication and STOP SMOKING!!!

In closing if you have been told in past or present you snore excessively, then you owe it to yourself and family to get this possible condition evaluated.

*Contributor – RW Dr. Belfondia Pou
Grand Medical Registrar*

Achievements

Clark Named National Alumni President of the Year

On September 23rd, both Brother Gregory Clark, President of Florida A&M University's National Alumni Association, and the association itself, received national honors in Atlanta in a weekend of events focusing on black college success.

Brother Clark was honored at the 2016 Legacy of Leaders Alumni Awards Luncheon by receiving the 2016 Legacy of Leaders Alumni Award for National Alumni President of the Year. The events were part of the National Black College Alumni (NBCA) Hall of Fame Weekend where Brother Clark was also inducted into the National Black College Alumni Hall of Fame.

The NBCA Hall of Fame Foundation, Inc. has provided millions of dollars in revenue and resources to Historically Black Colleges and Universities through programs such as the NBCA Hall of Fame Weekend.

"It's truly an honor to be recognized for such a prestigious award," Brother Clark said. "I want to thank the members of the FAMU National Alumni Association for their hard work and support of Florida A&M University."

Brother Clark has been the president of the 4,000-member FAMU NAA since January of 2016. He previously served as first vice president. He has been chairman of the association's convention planning since 2011.

In February, Brother Clark presided over FAMU Day at the Florida State Capitol. There, he announced the kick-off of FAMU NAA Save Our Students scholarship initiative. The campaign raised more than \$700,000 toward scholarships for FAMU students. It was coordinated in conjunction with the former President Elmira Mangum's goal to limit financial barriers in retaining and graduating students. More than 200 students have received financial assistance, according to the alumni association.

A financial adviser, Brother Clark graduated from FAMU in 1993. He also is a 27-year veteran of the United States Army Reserve, where he holds the rank of Lieutenant Colonel.

He was nominated for the honors by Carmen Cummings-Martin, FAMU's senior executive director of university engagement and alumni affairs. Brother Clark also serves The Most Worshipful Prince Grand Lodge of Alabama as its Convention Coordinator and Corporate Liaison. He is a Past Master of Magnolia Lodge No. 218.



Brother Gregory Clark—National Alumni President of the Year and Black College Alumni Hall of Fame Inductee

In The Spotlight

Each quarter the MWPHGL of Alabama will place one of our worthy brothers In The Spotlight. The worthy brother placed In The Spotlight this quarter is:

Right Worshipful Quinton J. Burrow

Many have probably asked the questions,

“Who is that young man that’s always with the Grand Master? What’s his name and where is he from?”

Quinton J. Burrow (Born 2 August 1984 in Anniston, AL) serves as Aide to the Honorable Corey D. Hawkins, Sr., Esq.

Quinton is the first of two sons born to Ms. Tera M. Burrow. As a graduate of Anniston High School, Quinton enlisted in the United States Army as a Military Policeman at the tender age of 17. While serving in the U.S. Army, he accomplished many milestones such as graduating number one as the Distinguished Honor Graduate from his basic training company consisting of 265 soldiers. He has served in many capacities within the Army at various military posts, having such assignments as: Working on personal protection details for U.S. President George W. Bush, where he personally worked alongside U.S. Secret Service Agents to protect the president as well as other world leaders, and provide flight protection for the Presidential aircraft “Air Force One”. He obtained the Glenn E. Morrell Award in recruiting, an award that only eleven percent of all U.S. Army Recruiters ever obtain in their careers, and was meritoriously promoted to the rank of Staff Sergeant (E-6) in only four years and two months’ time.



RW Quinton Burrow

After serving in the military, Quinton continued his government service as a Federal Law Enforcement Officer, where he continues to serve on personal protection details for cabinet level members of government, as well as, normal law enforcement operations.

Quinton is a member of Goodwill Lodge No. 59, where he served as Worshipful Master on two separate occasions for a total of five years. He also serves as the District Patron for the Order of Eastern Stars for District 12; where Sister Mary Harrington serves as the Grand District Deputy. He has served as Scribe in Burning Bush Chapter No. 5, Holy Royal Arch Masons; Recorder of Reuel Jethro Council No. 9, Royal and Select Masters; and Generalissimo in J.T Howze Commandery No. 29, Order of Knights Templar. Quinton is also a member of Anniston Consistory No. 202, Ancient and Accepted Scottish Rite Freemasons, and a Noble of Khedive Temple No. 16, A.E.A.O.N.M.S of North and South America.

Quinton humbles his accomplishments and gives all credit to the Grand Architect of the Universe, who supplies him with the ability, strength, and knowledge to do all. His greatest inspiration is his mother who is a recent breast cancer survivor. His pastimes include: Masonic functions, gardening, fishing, motorcycle riding, good music, and talking with seniors citizens. Quinton is very active within his community and serves as a mentor at his childhood elementary school. He also acts as a motivational speaker to high school students and small groups. His train of thought is to leave an impression on the world, not for accolades or blessings but for charity and love. He often says, “When I’m gone I just want others to love someone greater than or equal to, how I have loved you!”

REGION 2

News and Events from Region 2

Cyrene Lodge No. 844 Supporting Its Community

On Sunday, August 14, 2016, the brothers of Cyrene Lodge No. 844 held a prayer rally for peace and unity in the community. The brothers were joined by sisters of Gardenia Chapter No. 792 OES. The rally was held on the steps of Uniontown City Hall, where the mayor, several council members, the chief of police, and many concerned citizens were in attendance. Participants sang, prayed, and addressed the upcoming election. It was extremely well received by the citizens as they stressed how all need to work together to better our corner of the world and several participants thanked the lodge for its efforts.

The brothers of Cyrene Lodge No. 844 were asked by the congregation of Mt. Olive Baptist church in Gallion, Alabama to perform a symbolic cornerstone laying ceremony on August 28th. It was an honor for the lodge. Everyone in attendance thanked and appreciated us coming. Right Worshipful Deputy Grandmaster Robert Glenn, Right Worshipful Grand Senior Warden Woodie Pugh, Jr., Right Worshipful Grand Marshal Freddie Armstead, Jr., were some of the Grand Lodge Officers who participated, as well as, members from other lodges.

On Friday, September 9, the lodge paid for the preparation and served the R.C. Hatch High School football team a pregame meal in efforts to show the young men the brothers of the lodge are behind them and support them 100 percent.

On September 17, The brothers of Cyrene Lodge No. 844 and members of Gardenia Chapter 792 OES participated in a walk for lupus awareness and also to support our local lupus warriors Stacey Morgan-Mayo and LaShanda Brown of Uniontown, Alabama. The lodge and chapter assisted in the setup, distributed water, and actually walked. It was a joyous event and great turnout.

The lodge also assisted the Perry County Youth Ambassadors of Marion, Alabama, with a Fun Day and Stop the Violence Rally. The lodge not only helped with the setup of the rally, but also donated, prepped and served food at the rally.

Contributor – Bro. Adrian Lewis (No. 844)



REGION 4

News and Events from Region 4

South Griffin Lodge No. 697's Annual Scholarship Presentation

On August 6, 2016, South Griffin Lodge No. 697 awarded Se'mage Smith and Ebony Lockwood educational scholarships at their Annual Scholarship Presentation. The lodge gives out multiple \$500 scholarships every year to hard working seniors with endeavors of furthering their education to better they're future. Scholarship winner Se'mage Smith will be attending Alabama State University majoring in Physical Education. He is a proud member of Mount Olive Baptist Church in Fort Mitchell, Alabama under the leadership of Pastor Dr. Patrick Brown. Ebony Lockwood is attending Kennesaw State University majoring in Vocal Performance. She is a proud member of Greater Mount Zion Baptist Church under the leadership of Pastor Noble Williams in Phenix City, Alabama. The members of South Griffin Lodge No. 697 have been serving their community with faith, hope, and charity striving to make good men better men for almost six decades and counting.

Contributor – Bro. Toby R. Dixon (No. 697)



Scholarship recipients Se'mage Smith and Ebony Lockwood with Bro. Curtis Mitchell, Bro. Chris Chatman, JW Richard Miles, Bro. Eric Harrell, Bro. David Gillarm, SW Michael Smith, Bro. Desi Morgan, Bro. Toby R. Dixon, Dewayne Mack and Bro. Cleodis Feagins

Abraham Lodge No. 267

Supports Valiant Cross Academy

Every August, thousands of children and their parents begin their annual ritual of waking up early to prepare for their first day of school. This year Valiant Cross Academy in Montgomery, Alabama was blessed to receive school supplies as a donation from the members of Abraham Lodge No. 267.

Valiant Cross Academy is an all-boys school founded by two brothers, Anthony and Fredrick Brock. The school, based out of downtown Montgomery, opened its doors on Aug 17, 2015. The members of Abraham Lodge No. 267 saw fit to support the all-boys school as their principals fall in alignment with the mission of the lodge and the Most Worshipful Prince Hall Grand Lodge of Alabama, of “making good men better.” The Brock brothers and students welcomed the members of Abraham Lodge No. 267 with open arms. Members from the lodge were able to sit in on multiple classes and watch students engage in their daily learning activities. They were also able to speak with a number of students and give words of encouragement and enlightenment.

Abraham Lodge No. 267 plans to continue working with the school to support the young men and their mission toward success.



Bro. Wayne Johnson, Bro. Darrick Bradford, Bro. Justin James, Bro. Mose Grant, Bro. Clifford Robinson, and Bro. Roderick Caswell with the students of Valiant Cross Academy

Contributor — W.M. Roderick Caswell (No. 267)

Phoenix Lodge No. 428's Annual Back to School Give-Away

On Saturday, July 30, 2016, the brothers of Phoenix Lodge No. 428 continued its tradition of giving back to the community. Hundreds of school supplies were collected by the brothers of No. 428 and members of Camp Field Joy No. 690 OES were given out to kids of all ages in the community. This year Phoenix Lodge No. 428 partnered with the American Legion Post 135 and the Eastern Stars of Camp Field Joy No.

690 to ensure there were enough school supplies for all children of all ages. The event was held at the American Legion Post in Phenix City, Alabama. School supplies ranging from book bags, notebook binders, paper, pens and pencils and folders were given out freely. In addition to giving out school supplies, members of Phoenix Lodge No. 428 fried fish, fries and had plenty of soft drinks and water for the kids. This was a huge success for the lodge to be able to give out so many supplies to our community. All left over supplies were donated to other lodges and chapters in the community.



Phoenix Lodge No. 428's Voters Registration Drive

In support of the upcoming election, Phoenix Lodge No. 428 held two recent voting drives in rural communities of Ft Mitchell, Alabama. The goal and purpose was to register unregistered voters and to inform them of how important it is to exercise their right to vote. Phoenix Lodge No. 428 voting registration chairman, Bro. Sean Gathers organized the two voting drives on September 17th and October 1st. Other brothers also participated in the voters registration drive and were there to assist and answer any questions. The drive was a huge success. It was an opportunity to get out in the community and talk to the people. The theme of this year's voters registration drive was, "Everyone Matters". At the conclusion of both voters registration drives the committee was confident that they had educated and raised awareness to all they had come in contact with.



Contributor — WM Carl Jones (No. 428)

REGION 5

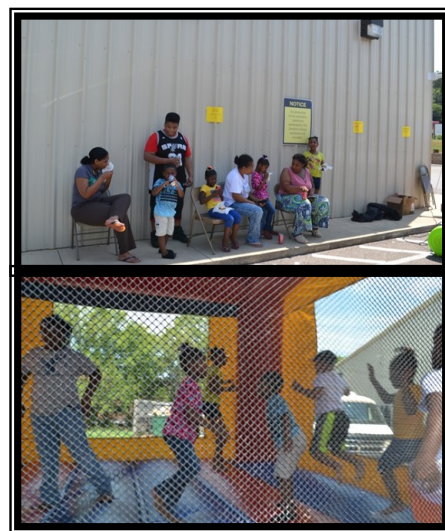
News and Events from Region 5

Archive Lodge No. 75 Hosts Fun Day & Back to School Event

On August 06, 2016, Archive Lodge No. 75 sponsored a Fun Day/Back to School event which took place in the parking lot of the Dollar General Store, located at 4600 5th Avenue South in Birmingham, Alabama, for the residents of the Woodlawn, Avondale and surrounding areas. Students were given school bags filled with needed school supplies.

The night prior to the event, the brothers of Archive Lodge No. 75 gathered at the lodge in an assembly line fashion to load the school bags with school supplies which included notebook paper, pens, pencils, and rulers, just to name a few.

On the day of the event, the brothers of Archive Lodge cooked hamburgers and hot dogs, and served cold soft drinks to the participants at the event. The children were also treated to an onsite moonwalk, where they had the opportunity to burn up some unused energy. The brothers of Archive Lodge No. 75 would like to thank the management and staff of the Dollar General store on 5th Avenue South for their support and the use of the property for this event.



Contributor — RW Godfrey Johnson

Meet the Newest Members of Archive Lodge No. 75



Bro. Torrance Kegler, Bro. Richard Falconer, Bro. Lee Jennings, Bro. Eric Effinger, Bro. Charles Jennings

Archive Lodge No. 75 brought four Fellow Crafts to this year's Grand Session to be raised to the Sublime Degree of Master Mason. With the help of WM Godfrey Johnson and the brothers of Archive Lodge No. 75, this group of brothers will hold true to the saying, "Character determines destiny". This group of men worked hard and studied to show suitable proficiency.

Brother Lee Jennings, a mason for 32 years said this Grand Session was a special one for him as he was able to see his 20-year-old son (Charles Jennings) raised as a mason in the same lodge in which he was raised in 32 years ago at the age of 21. Congratulations to our newly raised brothers.

Mack-Andrew No. 624's Student Aid Recipients

On August 6, 2016, under the leadership of Worshipful Master Lonnie Myricks and Student Aid Committee Chairman Daniel Everson, the members of Mack-Andrew Lodge No. 624 assisted three high school students with monetary funds for their college education. Mack Andrew Lodge No. 624 awarded three inner city high school students for their efforts in an essay contest. These Birmingham City School students and many more wrote an essay on *The Removal of Official Prayer Out of Schools and the Effects This Ruling had on the Public School System Over the Past Years*. This not only promoted educational skills, but also provoked a thoughtful conversation in the youth population of our community.



Members of Mack-Andrew Lodge No. 624 with the recipients of the Student Aid

Mack-Andrew No. 624 Assists with School Clean



Members of Mack-Andrew Lodge No. 624 and other volunteers

Contributor — RW Charles Motley

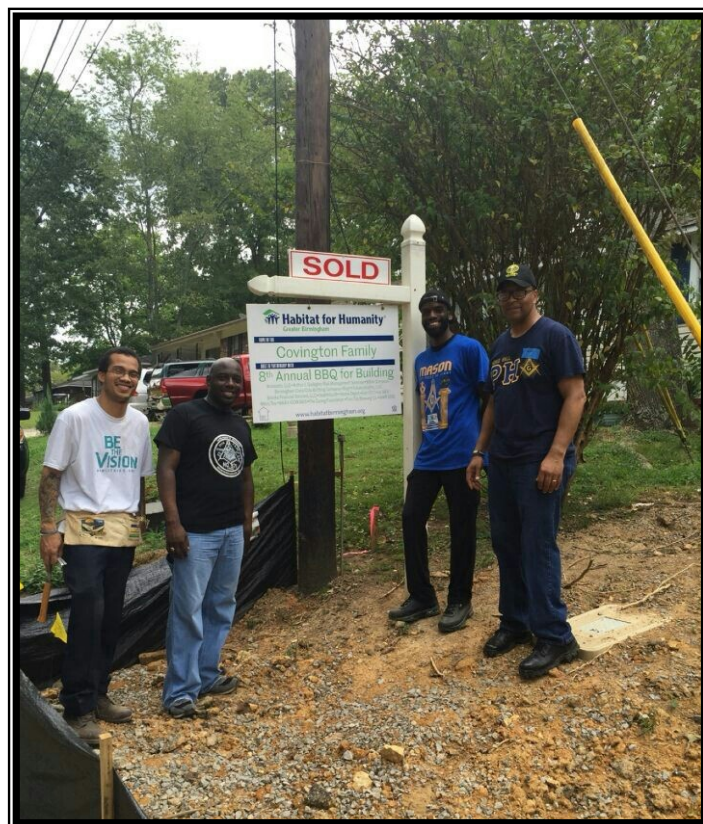
On July 30, 2016, under the leadership of Worshipful Master Lonnie Myricks and School Clean-Up Chairman Rico Allman, the brothers of Mack-Andrew No. 624 organized and participated in a school clean-up at Tuggle Elementary School. The clean-up consisted of teachers, parents, and the brothers of Mack-Andrew Lodge No. 624. The volunteers planted shrubbery and flowers, cut grass, and spread mulch across the playground. Tuggle Elementary School hosts a clean-up every year and this year Mack-Andrew Lodge No. 624 was honored to assist the school in their efforts to beautify the school in preparation for the start of an exciting year for the future leaders of our community.

William O. Jones Lodge No. 971

Supporting Its Community

On Saturday, August 6, 2016, the of brothers of William O. Jones Lodge No. 971 were up and out to assist the staff of Jimmie Hale Mission's Shepura Men Center in serving breakfast to the residents there. The residents are always thankful for the lodge coming out as the brothers are even more thankful for being able to serve. This is an ongoing service for the lodge to serve at The Shepura Men's center every 1st Saturday of each month.

On Saturday, August 20th, the brothers of William O. Jones Lodge No. 971 had the privilege of assisting Habitat for Humanity as they worked to finish a new home for a deserving family. The brothers had a great time installing siding on the home and met other great volunteers. The construction crew was very appreciative of us being there and helping out and the lodge was honored to lend a few good hands. Hopefully the brothers



made the family proud and the brothers look forward to other opportunities in the future to help with assisting Habitat for Humanity.

On Saturday, September 17th, the of brothers William O. Jones Lodge No. 971 went to the Ryan Winslow Veterans Home operated through the nonprofit "Three Hots and a Cot", and donated everyday items that many of us take for granted, but are much needed there. Items such as toothpaste, shaving creme, tissue, and cleaning supplies were collected by brothers of the lodge and donated to each of the 12 veterans transitioning through the home. The veterans and staff in attendance were appreciative of our donations and enjoyed meeting the brothers, as we did meeting them and making an effort to do our part in continuing to support those who have served this country. This effort was important to William O. Jones Lodge because we have several brothers who are veterans and the PGM, whose name we bear, was a Colonel in the US Army.



Charles V. Hendley No. 972's Inaugural Aid Award Banquet

"Let your light so shine before men, that they may see your good works and glorify your Father which is in Heaven."

Matt 5:16

The newly chartered, Charles V. Hendley No. 972 organized its Inaugural Aid Award Banquet. The banquet was held on July 10, 2016, at the Oxmoor Valley Community Center in Birmingham, AL. During the banquet the lodge gave Aid Awards to two deserving high school seniors, Deonna Gray and Nicholas McClinton.



Deonna Gray, Recipient of the Charles V. Hendley Aid Award and Nicholas McClinton, Recipient of the Dawson Athletic Aid Award

The Charles V. Hendley Aid Award is designed to provide monetary assistance to a deserving high school senior who exemplifies excellence, character, and scholastic achievement. This year's recipient of the Charles V. Hendley Aid Award was Deonna Gray of Bessemer City High School. Miss Gray plans to attend Clark Atlanta University in Atlanta, GA in the fall of 2016 where she plans to pursue her major in Business Management.

The Dawson Athletic Aid Award was created in memory of their late brother, Bro. Michael A. Dawson. Bro. Dawson was a standout football player for Midfield High School. The lodge created this award in his honor to provide monetary assistance to a deserving high school senior who exemplifies excellence, character, athleticism, and scholastic achievement. This year's recipient of the Dawson Athletic Aid Award was Mr. Nicholas McClinton of Hueytown High School. Mr. McClinton plans to attend Huntingdon College in Montgomery, AL in the fall of 2016 where he plans to pursue his major in Mechanical Engineering and Math. Mr. McClinton will also play football for Huntingdon as well.

Congratulations to the award recipients and may they both have a prosperous college experience.



Grand Master Hawkins presenting charter to WM Joseph Godwin and members of Charles V. Hendley No. 972

Charles V. Hendley No. 972 received its official charter on July 20, 2016 in Birmingham, Alabama during the 146th Annual Grand Lodge Communication of the Most Worshipful Prince Hall Grand Lodge, Free and Accepted Masons of Alabama.

Charles V. Hendley Lodge was placed under dispensation on April 26, 2014, after Grand Master Hawkins healed the members of St. Peter's Lodge No. 12, Progressive Free and Accepted Masons after they petitioned the Most Worshipful Prince Hall Grand Lodge, Free and Accepted Masons of Alabama for membership and were accepted.

Contributor — WM Joseph Godwin (No. 972)

REGION 6

News and Events from Region 6

Evening Star Lodge No. 6 Hosts 6th Annual Perry O. Ward Memorial Golf Tournament

On Saturday August 6, 2016, the members of Evening Star Lodge No. 6 hosted their annual Perry O. Ward Memorial Golf Tournament, at the Becky Pierce "Municipal Golf Course" in Huntsville, Ala. This is one way Lodge No. 6 remembers and pays homage to one of our most prominent members. The tournament was opened to all golfers, several amateur golfers also participated and a good time was had by all. A portion of the proceeds from this tournament will be donated to the Perry O. Ward Memorial Scholarship Fund, as well as, community service and charitable donations that Lodge No. 6 participates in annually. A special thanks goes to the members of Evening Star Lodge No. 6 and the members of Mizpah Chapter No. 37 OES, for their hard work and support. A special "thank you" also goes out to the 30 golfers who took time out from their busy schedules to participate in this year's tournament and to the many sponsors that made donations to make this year's tournament a success.



Top Left—Bro. Michael Horry presenting award to Winner of the Longest Drive

Top Right—Members of Mizpah Chapter No. 37 serving lunch to exhausted golfers after 18-hole Competition

Bottom Right—Members of Evening Star Lodge No. 6 pictured are WM Hawkins, SW Ronnie Shelby, SD Ronald Adams, Grand Trustee Andrew Fuller, PM James Lewis, Bro. Michael Horry, Bro. Percell Sykes, Bro. Ron Parks, Bro. Charles Crayton



Contributor — WM Henry Hawkins (No. 6)

Goodway Lodge No. 222 Charity through Cuts & Styles

Brother Marcus Orr of Goodway Lodge No. 222 is a local business owner who recognizes the importance of charity. Brother Orr is the owner of Supreme Cuts & Styles, a barbershop and salon located just north of the beautiful campus of Alabama A&M University in Normal, Alabama. Every Monday on his off day Brother Orr volunteers his time at the Westside Community Center in Huntsville, Alabama, providing free haircuts to the youth between the hours of 1pm to 5pm. Many of the kids at the community center would not receive a haircut were it not for Brother Orr's charity. Brother Orr's efforts are an inspiration to all Prince Hall Masons!

Contributor — WM Jarvis L Noel (No. 222)



Awareness Seminar on "How to Better Preserve the Black Man"

On August 27, 2016, the Northwest Worshipful Master Council in District No. 17 hosted their Awareness Seminar on, "How to Better Preserve the Black Man" at St. Mark M.B. Church located in Florence, Alabama.

The basis of the seminar was to raise awareness on various topics, such as health, education, politics, laws of the land, and spirituality, so that black men won't become an extinct being. Each topic was discussed by various guest speakers from the community in efforts to educate and save our men.

The Northwest Worshipful Masters Council plans to facilitate more seminars, voter registration drives, and continue the positive work throughout the community.

Contributor — PM Robert L. Johnson (No. 19)



The Transformation of Lincoln Lodge No. 99

“More Light to the City of Madison”

When Brother Brian Benford took his seat as Worshipful Master in June 2016 and held his first scheduled meeting with his Elected and Appointed Officers at Lincoln Lodge No. 99, WM Benford asked one simple question: “What are you all going to do for your Lodge?” The question didn’t go unanswered. The Brethren were eager to recover in the District from being Lodge of the Year in 2015 to falling in 2016. There were also many great ideas that didn’t pass the floor in the previous years in lieu of risking failure, but Benford encouraged taking chances being backed by organizational strategy and participation. All Officers stood in agreement that it was time for Lincoln Lodge No. 99 to be a force of Enlightenment in North Alabama.

The atmosphere has since been different at Regular Stated Communications. Such skills and talents from these Craftsmen have paved the way for the Lodge to move forward in modernizing its financial recordkeeping system, developing a public relations committee while organizing an annual scholarship program starting next year. Using social networking platforms, members have been able to continue discussing and planning functions at any given hour of the day without many physical delays in scheduling. This has also brought forth concerns on how to balance time between personal affairs and living a Masonic lifestyle. Junior Warden DeAngelio Johnson is hosting a monthly family fellowship. “Our wives, significant others and children give us the biggest support,” Johnson stated, “It’s very important that the Brethren take a day out of the month and strictly devote it to bringing our families together with food, fun and harmony.”

With laptops, notebooks, tablets, and creative minds at every committee meeting, the past four months have been very industrious at Lincoln Lodge No. 99. It’s no wonder that fundraisers are now producing more supporters who are informed in real time of the next public event. Junior Steward and Trustee Jeff Miller became the pioneer of using integrated technology and traditional methods to broadcast his proposed Boston Butt Sale on July 3rd. It was a fundraiser that Miller had proposed and believed wholeheartedly in its success, since he first became a Master Mason two years ago. It has become the most profitable fundraiser for the lodge, raising 25% more contributions than targeted behind the use of planned media content.



Members of Lincoln Lodge No. 99 and their families at their monthly family fellowship



Members of Lincoln Lodge No. 99 at their Car Wash Fundraiser



Members of Lincoln Lodge No. 99 prepping for their Boston Butt Sale Fundraiser

The members were impressed by their own teamwork at the Annual Carwash Fundraiser on July 9th. Local Channel 48 news reporter Kimberly Essex stopped by to support the carwash and to extend her media friendship to the newly elected Worshipful Master and his Lodge. On August 6th at the Annual Pancake Breakfast Fundraiser, Benford used the moment to instruct the Brethren on their continued efforts to support the Sisters at Glittering Star No. 94 OES on their “Wish Upon a Star Soirée” held on August 27th. The 9th Annual Holiday Celebration would be approaching on December 2nd, and the Sisters were a big influence in helping the Lodge host a promising event each year.

There are some memorable times coming for Lincoln Lodge No. 99. Members are eager to leave their mark in the history books on Prince Hall Freemasonry. More importantly, they want all to see that Freemasonry is an Order that is still active as it continues to be an important foundation in world history and the development of American society. That impression was greatly admired by the large gathering of crowds who attended the Pension Row Stewart Street Festival on September 24th. Benford had worked tirelessly with its committee and coordinators in handling the logistics for the Lodge to help support and sponsor an event filled with a community of Black History in the heart of Madison, including the location where the Lodge got its first Charter. Even with the advancements of modern technology and the innovation to help spread its Light so vastly, it’s still behind those four walls on the first Thursday of each month that the gentlemen at Lincoln Lodge No. 99 adhere to the old-fashioned ways of conducting business as free thinkers and honorable gatekeepers to the city.



Members of Lincoln Lodge No. 99 & Glittering Star No. 94 OES at Pancake Breakfast Fundraiser



Members of Lincoln Lodge No. 99 & Glittering Star No. 94 OES at Pension & Row Stewart Street Festival

Contributor — Bro. James Sandefur III (No. 99)

Obituaries

Brothers Called Home by the Grand Architect

Dr. Wallace Capel, Sr., was born in Andalusia, Alabama on November 15, 1915. He was married to the late Carrie Ford of New Orleans, Louisiana. This holy matrimony resulted in producing four lovely children. Dr. Capel transitioned peacefully on Tuesday, September 6, 2016, at home in Tuskegee, AL at the age of 100 years.

Dr. Capel earned his undergraduate degree from Howard University in Washington, D.C., in 1941. He continued his education at Howard earning his Doctors of Medicine degree in 1944, and served his nation proudly in the United States Army between 1954 and 1973. He served as a ward physician, staff surgeon, and as the hospital administrator of the Veterans Administration Hospital in Tuskegee. This service included stints in both Korea and Vietnam. He retired from the United States Army Medical Corps as a Colonel in 1973 and returned to the same VA Hospital after retiring in 1973 as a staff physician.

Later, he was promoted to the position of chief of staff in 1974. He retired after 20 years of service.

Dr. Capel was a member of Washington Chapel African Methodist Episcopal Church in Tuskegee Institute, Alabama, where he served on the Trustee Board.

Dr. Capel served the Most Worshipful Prince Hall Grand Lodge, Free and Accepted Masons of Alabama faithfully as Grand Medical Registrar for many, many years. He was a member of Silver Trowel Lodge No. 10, and later Lewis Adams Lodge No. 67 in Tuskegee Institute, Alabama. He was also a member of Booker T. Washington Consistory No. 115 and a member of Mizraim Temple No. 119, Ancient Egyptian Arabic Order Nobles Mystic Shrine of North and South America and its Jurisdiction, Inc., Prince Hall Affiliation.

He was preceded in death by his wife, Carrie Louise Ford Capel. He leaves to cherish his memories his four children Candy Capel, Denise (Jay) Capel Crawford, Wallace (Fiona) Capel, Jr., and Jacqueline Capel; five grandchildren along with other devoted family and dear friends.



*Brother Wallace Capel Sr.
Colonel - United States Army, Retired*

Oliver Washington Jr. was born February 19, 1939, to the late Oliver Washington Sr. and Viola Washington in Montgomery, Alabama.

After graduating from Booker T. Washington High School, he enlisted into the United States Navy. His military service took him to various places including a tour to Vietnam. After honorably serving his country for twenty years he settled with his family in North Chicago, Illinois. Oliver received an Associate Degree from the College of Lake County in Grays Lake, Illinois where he initiated in Phi Theta Kappa National Honor Fraternity, Inc. He received his Bachelor of Arts degree from National College of Education in Evanston, Illinois.

During this time, Oliver established the first Human Resources Department for the City of North Chicago, Illinois, where he served as the Director and later as a Consultant. He served for ten years as the Senior Principle of Personnel Consultants, LTD.

In spite of serving his community in numerous civic and religious capacities the love of home continued to tag at his heart. During one of his visits to Montgomery, on a whim he and Martha Ree decided to look at some homes and the rest is history.

Once he returned to Montgomery it didn't take him long to continue his community service, implementing programs to provide scholarships to graduating high school students, annual tours for high school juniors and seniors to Historical Black Colleges and Universities, and a program to provide book bags, and school supplies to elementary school students. Returning also to the church of his childhood, where he was baptized into Christian service by Rev. Ralph D. Abernathy, Sr.. Oliver actively supported his church with his time and energy by participating in both the male chorus and sanctuary choir.

Oliver was initiated in Kappa Chi Lambda Chapter of Alpha Phi Alpha Fraternity Inc., North Chicago, Illinois, in 1980. In 2007 he transferred his membership to Alpha Upsilon Lambda Chapter in Montgomery.

Oliver was a dedicated and longtime member of Prince Hall Masonry. He was a Past Master of Rufus Mitchell Lodge No. 107, Most Worshipful Prince Hall Grand Lodge of Illinois, Past Commander in Chief of North Shore Consistory No. 91, Orient of Illinois, Ancient Accepted Scottish Rite of Free Masonry, Prince Hall Affiliation, and Northern Jurisdiction. He was elevated to the Thirty Third and last degree in 1987, and Coronated to Sovereign Grand Inspector General (SGIG) in 2007. Oliver was a Past Potentate of Shawall Temple No. 165, Waukegan, Illinois. He served as the 38th Imperial Potentate of the Ancient Egyptian Arabic Order Nobles Mystic Shrine of North and South America and its Jurisdiction, Inc., Prince Hall Affiliation from August 2008 to August 2010.

He was preceded in death by his devoted wife of 51 years, Martha R. Washington. He leaves to cherish his memories a loving daughter Karen (Bruce) Berryhill, San Diego, CA; two grandsons, Avery Akers, Camarillo, CA; Dylan Nunez, 2nd Lt., USMC, Quantico, VA; Rosetta (Robert) Wester, Shaker Heights, OH; brother Bernard (Rose) Frye, Montgomery, AL and a host of nieces, nephews and other relatives and friends.



*Brother Oliver Washington Jr.
Chief Petty Officer - United States Navy, Retired*

PETITION FOR A UNITED STATES POSTAGE STAMP HONORING PRINCE HALL

We, the undersigned, support and endorse the issuance of a United States postage stamp honoring Prince Hall. Based on Prince Hall's numerous contributions to America and more importantly to humanity itself, we are petitioning that Prince Hall be depicted on a United States postage stamp.

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RETURN THIS SIGNED PETITION TO: R.W. Gerald R. Thaxton, III
 Post Office Box 191742
 Boston, Massachusetts 02119

Article Submission Guidelines

The Cornerstone Message accepts submissions of articles, flyers, and information of events of general interest to Prince Hall Masons throughout the state of Alabama. *The Cornerstone Message* is published quarterly in the months of April, July, October, and January. Submission of articles and photographs are to be forwarded to the publication's editor via email (cseditor@mwphglal.com). Please include a point of contact and telephone number with each article submission. Articles and photographs become property of the publication and the right is reserved to edit and use the articles and photographs as deemed necessary. Deadline for submissions for the next issue of *The Cornerstone Message* is **5 January 2017**. These articles should include events from **October 2016—December 2016**. Articles are to be submitted with a minimum of one paragraph and using Microsoft Word (Times New Roman 11) and photographs should be of good quality JPEG format and captioned. No more than two articles per lodge can be submitted for each edition. Permission to reprint original articles appearing in *The Cornerstone Message* is granted to all recognized Masonic publications.

THE CORNERSTONE MESSAGE



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