



THE CORNERSTONE MESSAGE

® "The Official Organ of the M.W. Prince Hall Grand Lodge, F&AM of Alabama."

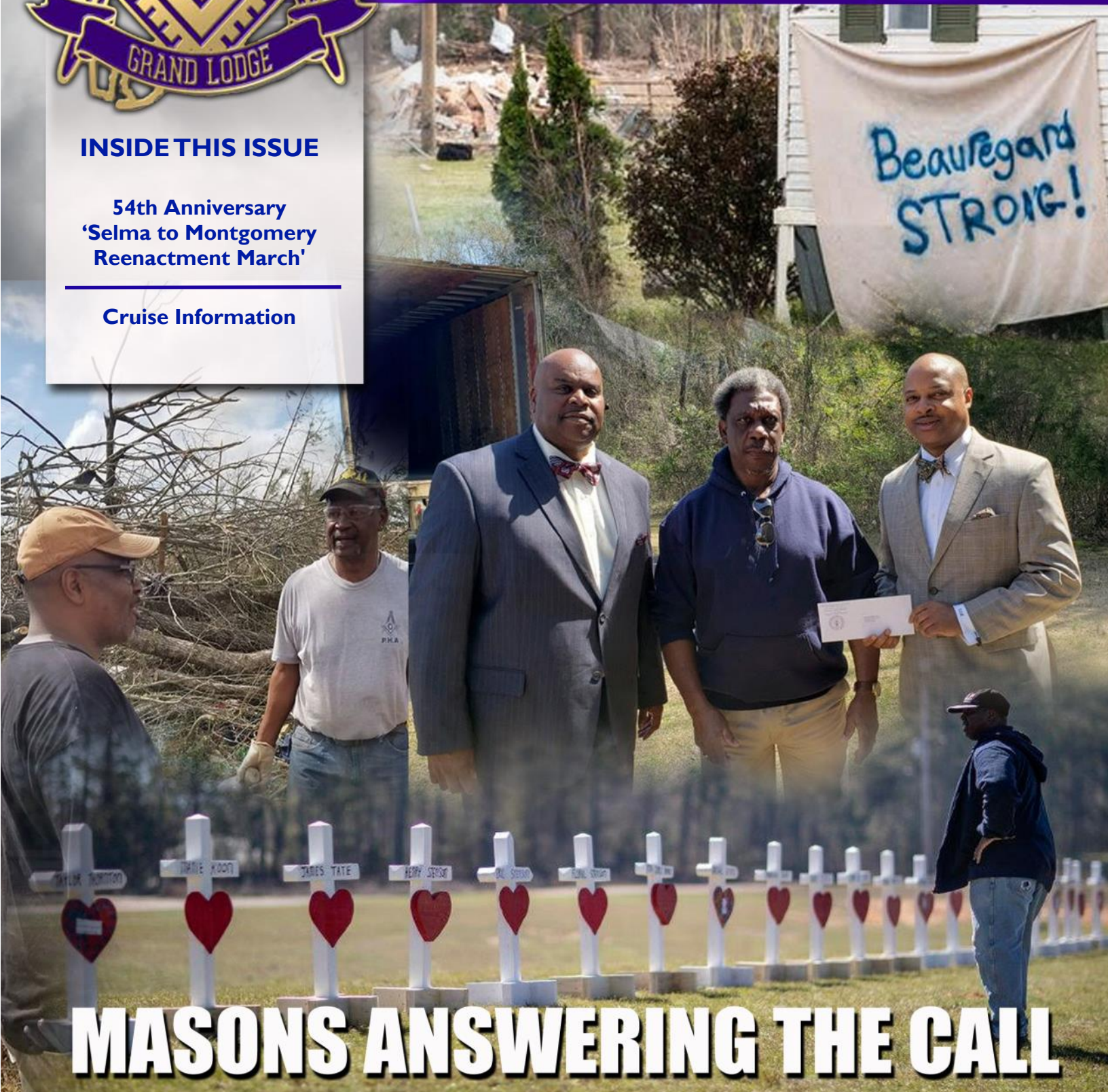
VOLUME VII, ISSUE II

APRIL 2019

INSIDE THIS ISSUE

54th Anniversary
'Selma to Montgomery
Reenactment March'

Cruise Information



MASONS ANSWERING THE CALL

THE GRAND MASTER'S TRESTLEBOARD



INSIDE THIS ISSUE:

Editor's Message	2
Temple Renovation Fundraiser	3
54th Anniversary Selma March	5
150th Anniversary Celebration Cruise Information	9
Prince Hall Masons Americanism Classic Weekend Dates	10
Temple Renovation Fundraiser	9
Lodge Names	11
A Blast from the Past	12
Grand Lodge History	13
Message from the Grand Medical	19
Dollars and Sense	21
Achievements	22
In The Spotlight	23
News & Events from Region 4	24
News & Events from Region 5	30
News & Events from Region 6	32
Article Submission Guidelines	37



"When people are determined, they can overcome anything."

-Nelson Mandela

March 3, 2019, was a day that residents of the state of Alabama will never forget. Deadly tornadoes took the lives of twenty-three people in the Beauregard Community, located in Lee County, AL. Many homes were destroyed, and families uprooted.

Although this was a tragic time; however, every cloud has a silver lining. People from all over the state banded together to help the weary, clothe the naked, shelter the homeless and comfort the bereaved and downtrodden. This is a testament that, regardless of race, creed or color, we are ONE FAMILY. We are all children of God, and when one hurts, we all hurt. When one community is ravaged by killer tornadoes, we all feel the pain. We should all empathize with those who have been affected.

Through these trying times, I have been well-pleased to wit-

ness how the Prince Hall Family has come together to assist the distressed in their time of need. It makes me extremely proud to be the leader of this prestigious organization and thankful to our members who care about our fellow man. Thank you for getting in the trenches and doing what is necessary to help the storm victims. We must remember that although this misfortune took place in early March, there are still individuals who are displaced and suffering. Let us continue to pray for and provide aid to all those in need.

I am a firm believer that, irrespective of the damage that has been done, the people of Beauregard, Lee County, and the state of Alabama will prevail. We must all remember "God is our refuge and strength, a very present help in trouble" (Psalm 46:1). We are strong! We will bounce back! The Phoenix will rise from its ashes once again! We are a determined people who can overcome anything! We shall overcome! We shall overcome! We shall overcome someday!

Fraternally,

Corey D. Hawkins, Sr.

Most Worshipful Grand Master

Front Cover:

Grand Master Corey D. Hawkins, Sr., Esq., District Seven supported by other Districts in Alabama providing tornado relief.



PM Herman "Jerome" Glover (50)
Publication Editor

"This program is designed to allow suspended members to reinstate for a more affordable fee."

RECLAMATION DRIVE (TARP)!



Message from the Editor

To all readers and supporters of this Official Publication of the Most Worshipful Prince Hall Grand Lodge of Alabama entitled *The Cornerstone Message*, Greetings:

The first three months of this new year are over and I would like to commend the Grand Lodge and subordinate lodges for your renewed enthusiasm. Your good works have been displayed for all to see through this edition of *The Cornerstone Message*. Now is the time to prepare for the rest of this year and launch us into a successful future of growth, stability, and leadership in the Jurisdiction of Alabama.

In this edition, let's concen-

trate on social media. Please be aware that postings on any social media platform are PERMANENT. Social media is a key player in the job search process today. Sites like Facebook, Twitter, LinkedIn, and Google allow employers to get a glimpse of who you are outside the confines of a résumé, cover letter, or interview. So, if you're among those job seekers that use social media, you'll want to be careful.

I read that employers who scan social media profiles said they have found content that has caused them not to hire certain candidates. Those employers stated they didn't offer a job candidate the position because of provocative or inappropriate photos and information post-

ed on his or her profile and evidence of drug use. Also if he or she had bad mouthed previous employers, made discriminatory comments related to race, gender, or religion, or lied about qualifications. Please remember that private pictures become PUBLIC and PERMANENT if shared.

As always, I encourage all subordinate lodges to continue to support *The Cornerstone Message* and show all readers of this newsletter what your lodges are doing in 2019 to add to the mission of making sure Prince Hall Masonry is at the forefront in the state of Alabama.

- PM Herman "Jerome" Glover
Publication Editor

Reclamation Drive (TARP)

In an attempt to give suspended Brothers an opportunity to become active again during these tough economic times, our Most Worshipful Grand Master has devised a plan named TARP- Traveling Again Reclamation Program. This program is designed to allow suspended members to reinstate for a more affordable fee.

Members suspended before June, 2002, can reinstate by paying the following:

- \$20.00 reinstatement fee
- \$25.00 taxes
- \$25.00 registration
- \$50.00 assessment (Have two years to pay the remaining \$150.00)
- \$120.00 Total

Members suspended after June, 2002, can reinstate by paying the following:

- \$20.00 reinstatement fee
- \$25.00 taxes
- \$25.00 registration
- \$50.00 assessment (Have two years to pay the remaining \$200.00)
- \$120.00 Total

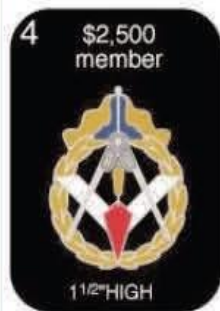
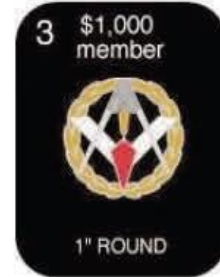
TARP serves a two-fold purpose: (1.) It gives suspended Brothers a more affordable means of reinstating and (2.) It gives dying lodges a final opportunity to salvage their existence by increasing their numbers before being forced to close or merge. Our Grand Master has extended a challenge for the members of this jurisdiction to go out and reclaim our lost Brothers. TARP will be in effect through July 31, 2019.

Support the Temple Renovation

Most

Worshipful Prince
Hall Grand Lodge
of Alabama Temple
Renovation Lapel
Pins are still
available for new
and existing
members upon
receipt of donation
(s). Collect up to
each level.

Display your
support
for the temple
renovation!



Support the Prince Hall Legacy Foundation of Alabama, Inc.



BY PURCHASING YOUR

ALABAMA PRINCE HALL GRAND LODGE LICENSE PLATE

TODAY!!!

(We have met and exceeded our required 250 COMMITMENTS)

Tags are now being issued...

For More Information Visit :

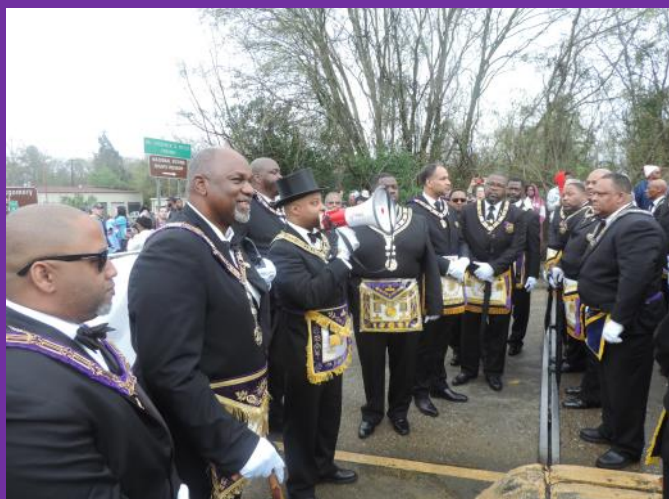
<http://revenue.alabama.gov/motorvehicle/princehallgrandlodge.cfm>

*(You may purchase the MWPHGL of AL Tags Anytime,
You do not have to wait for your renewal Month!)*

54th Anniversary “Selma to Montgomery Reenactment March”



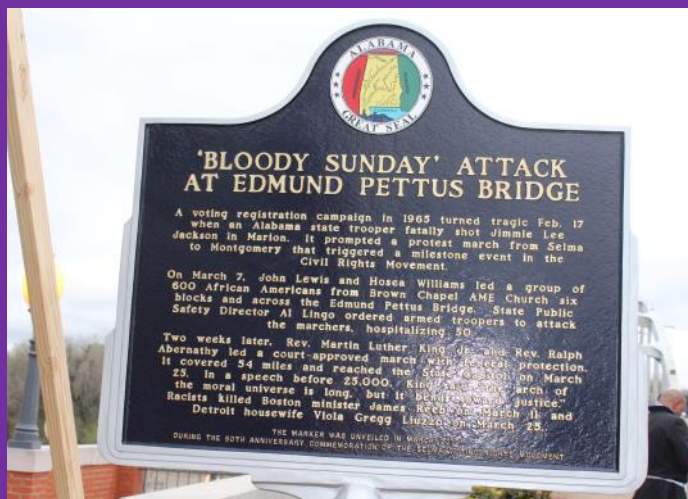
Prince Hall Masons & Order of Eastern Star Sisters, “We Stand United”



Peace, Unity, Justice for All!



Meet Us Their in 2020 For the 55th Anniversary In Selma!



150th ANNIVERSARY

OF THE MOST WORSHIPFUL PRINCE HALL
GRAND LODGE OF ALABAMA



Carnival

150th ANNIVERSARY
OF THE MOST WORSHIPFUL PRINCE HALL
GRAND LODGE OF ALABAMA

Celebration Cruise



DATE July 30, 2020 - Aug 03, 2020 (Immediately after Grand Session)

LOCATION 4-Day Cruise from Mobile, AL to Cozumel, Mexico

For more information please contact Traelle Poindexter at:
amazingvacation247@gmail.com or (989) 482-1707

SAVE THE DATE



ALABAMA PRINCE HALL MASONS
AMERICANISM
FOOTBALL CLASSIC WEEKEND
Miles vs Morehouse

SEPTEMBER 13-15, 2019

Food, Fun, Football & Fellowship!!

LODGE NAMES

C	L	M	L	E	H	T	E	Y	R	O	G	R	E	Q	Q	P	P	K	W
T	A	G	O	O	D	W	I	L	L	O	N	P	Y	K	O	Q	X	F	E
Y	Y	S	W	V	I	S	N	W	L	E	L	D	K	L	E	F	O	I	A
D	F	A	M	A	Z	O	N	D	H	K	O	W	A	C	C	D	F	J	I
L	H	H	X	D	L	O	E	S	D	L	V	R	N	M	Y	A	J	O	C
V	O	P	C	L	B	N	O	S	E	K	S	V	M	O	H	D	Q	P	E
Z	N	U	E	F	R	G	C	M	C	T	L	I	F	E	F	E	U	U	N
A	Q	H	W	U	M	L	W	G	A	E	H	B	W	L	H	V	G	V	T
B	C	M	L	S	E	O	H	R	R	W	Q	D	H	L	I	I	E	E	E
M	J	E	C	T	N	I	O	P	T	S	E	W	T	I	R	L	O	U	N
C	D	L	M	J	P	L	E	M	E	A	U	K	U	V	A	L	M	C	N
U	B	U	M	O	R	N	I	N	G	S	T	A	R	X	M	E	E	S	I
Y	I	N	K	I	Z	O	T	M	G	G	W	Z	Y	O	J	K	T	E	A
B	L	I	T	T	L	E	W	A	R	R	I	O	R	N	G	C	R	R	L
Y	X	K	F	A	I	R	F	A	X	U	C	A	U	K	I	M	Y	X	A
U	D	E	V	O	R	G	R	A	D	E	C	Y	H	Z	J	G	X	F	N
H	A	M	I	L	T	O	N	D	C	H	X	M	U	H	U	B	S	R	C
U	B	P	P	Q	B	H	C	N	A	R	B	E	V	I	L	O	B	U	H
Q	X	K	C	R	C	K	C	X	W	M	M	A	G	N	O	L	I	A	O
F	I	A	V	X	J	P	J	N	X	N	T	L	I	H	V	G	E	V	R

Amazon

Golden Rule

McHellon

Anchor

Goodwill

Melody

Cedar Grove

Goshen

Morning Star

Centennial

Hamilton

Olive Branch

Dadeville

Hiram

Polar Star

Ethel

Knoxville

Rescue

Fairfax

Little Warrior

Ruth

Geometry

Magnolia

West Point

A Blast from the Past

P. S. HOWARD LODGE NO. 516



A group of Masons of P. S. Howard Lodge No. 516 (Roosevelt) Bessemer, Ala., first row center: L. S. Mitchell, W.M. Left to right: Floit Griffin, J. D. ; second to right, Benjamin F. Waller, S. W. third, N. A. Robinson, Tyler. Right to left: Earthen L. Milton, S. D.; second to left, Eddie Mays, J. W.; third to left, Rev. E. D. Craig, Chaplain. Back row to right: Coley Elder; Rev. Amos Sanders, W. L. Rollins, Dr. B. F. Johnson, Ramesy Albert, and Isadore Adkins, Treasurer (not shown).

The P. S. Howard Lodge No. 516 has made great strides during the last few years. Just recently built a new Masonic lodge building at 401 Patton Avenue and it stands there a credit to the Negro race. The officers and members of the Masonic Lodge have moved forward in a very encouraging manner. They have surely played a vital part in the progress of this outstanding community. L. S. Mitchell is Worshipful Master

From Whence We've Come...

IN THEIR OWN WORDS – PART III (continued)

As a third installment of the In Their Own Words Series, we've prepared another series of addresses made by our early Grand Masters. As such, when we discuss our early leadership, in hindsight, it would remain more fruitful to let their words speak rather than them to be spoken of. The context of these writings are provided with no grammatical corrects. The following text is taken from my book entitled, In Their Own Words: The Writings of the Grand Master's of Alabama. I give you, Most Worshipful Grand Master, Rev. George W. Bryant.

Friday, June 21, 1875

To the Officers and Members of the Grand Lodge, the Subordinate Brethren of the Mystic Tie, Ladies and Gentlemen:

We have assembled here to-night in the capacity of masons, and to celebrate one of our mystic days. The supposition that naturally arises in the minds of those of the vast audience who are unacquainted with our mysteries is, how will masons act, and what will they do?

This is the celebration of our "ancient brethren" who held inviolable the secrets of our order in centuries that are wrapped in eternity.

We are the representatives of a time-honored institution; and certain it is and must be, that when the first man was formed in the image of God, the principles of masonry as a divine gift from heaven were written with "the pen of iron and the point of a diamond upon his heart" by the Great Architect of the Universe. For when it reached forth its culvan hand, it unveiled science, – arts arose, – civilization took place, and the progress of knowledge and philosophy gradually dispelled the gloom of ignorance and barbarism. Government being settled, authority was given to laws, and the assemblies of the fraternity required the patronage of the great and good, while the tenets of the profession diffused unbounded utility.

Masonry is a science confined to no particular country but extends over the whole terrestrial world; it tames the spirit of the fulminating priest, and brethren of different persuasions have mental toleration in religious opinions. Such is the nature of our institution, that in the lodge union is cemented by sincere attachment, and pleasure is reciprocally communicated in the cheerful observance of every obliging office. Virtue, the grand object in view, luminous as the meridian sun, shines refulgent in the mind, enlivens the heart, and heightens cool approbation into warm sympathy and cordial attention.

One of the fundamental principles of mason is "charity." It is the law of human association. The common origin of the human race proclaims the law of sympathy to be supreme. Then in the noble play of sensibility – in the meting tones of sympathy and friendship – in the God-like deeds of benevolence, inspired by the grace of the S.A.O.T.U., and in all truth and worship, we discern the law of God and love as the great law of life.

Although true charity, as affirmed, is found in the exercise of every virtue, yet masonry declares it must have a sanctified motive. The wants and weaknesses of nature demand it; the mutual relation we sustain in the world demand it; our hopes and fears in the solemn future demand it; the prevalence of sin, misery and death, through all generations demand it; but, above all, the Love of God demands it.

Gazing out upon the panoramic display of this perfection in the universe – looking upon the ebon-rifted rack, where the mad lightnings [sic] leap and blaze – lifting one after another the sublime veils of nature, or beholding the glowing pictures of revelation that come like photographs of God and Heaven, we are lost in the grand yet solemn admiration, and exclaim, “How wonderful are Thy works. Not unto us, but unto Thy name be the glory.”

A mason’s charity must be exhibited without stint or measure. As the earth is full of want and woe – as disappointment flings its ghastly shadow upon every human heart – as the cataracts of calamity ravages every vale – as the sinew of toil are often withered by affliction – as an undertone of anguish burdens every breeze of time – masonry speaks to the mystic tie, and whispers in our ears, the wisdom that is from above requires that we should be “full of mercy and good works.”

When we minutely scrutinize man in all his bearings we find him a creature of infirmity, liable to misapprehensions and mistakes, addicted to folly and foibles; yet masonry comes in like an angel of mercy and constrains us to “bear each other’s burdens.” Masonry teaches its adherents the summary of the duty of man, viz: “Though shalt love thy neighbor as thyself.” The starlight’s of the infinite city may fail for us, and the fiery baptism of earth may come but will survive, and

*“And when the creation shall fall into ruin,
Its beauty shall rise through the midst of the fire”*

Friends, masonry teaches us to promote the peace and happiness of each other. Our hearts are the sacred Lodges of our confiding brothers. We warn a brother of approaching danger and support his falling fortunes. And when his character is unjustly assailed, and the friends of evil gibber around him, masonry leaves him not bleeding by the way-side; but gives him nourishment, refreshment and joy, and leads him gently to charity’s bowers. Thus in relieving the destitute we manifest the true and living spirit of masonry.

Silently and unostentiously [sic] the silver-winged nymph of our “grand old order” pursues its way, drying the orphan’s tear, and causing the widow’s heart to leap for joy. The poor rise up and call it blessed, and ministering angels seem to dwell with men.

Again, while ambition would roll its chariot wheel over the dearest rights of man to gain the dazzling summit of glory and fame – while avarice [sic] wrings the last mite from the suffering poor and clothes himself in the very shreds of want and agony – while envy poisons every sunny nook, and tortuous suspicious trails its slune [sic][slung] over the loveliest flowers of social joy, and melancholy wraps the earth in the winding sheet of woe, and the strife of element and revolution – when charity, like a seared bird, would plume its flight to a more congenial clime, where does it find a resting place? In our sacred retreats of brotherly love and in the hearts of true masons, who have ever flourished and cultivated this generous virtue.

Friends, masonry teaches us not to let the sigh of distress fall coldly upon our cares [unintelligible]; to be not insensible to the misfortune of others; to wait not until squalidness shall plead and destitution drive to crime; to wait not until shrunken forms and sunken eye shall meet your charity; to wait not until the glassy looks of the dying shall reproach you – for to cheer the sorrows of a brother is the work of humanity, to relieve the miseries of mankind is to imitate the goodness of God; but to aggravate the sufferings, even of an enemy, is the dead folly of a fiend.

Masonry teaches us to encourage the weak and down-trodden, and lift the burden of care from the weak and depressed, that life may glide smoothly on, and the fount of bitterness yield sweet water; and He, whose willing hand is ever ready to aid us, will reward our humble endeavors, and every good deed will be as “bread cast upon the waters, to return after many days,” if not to us, at least to those whom we love most dearly.

Tho widow's tear – the orphan's cry;
 All wants – our roady hands supply
 As far as power is given;
 The naked clothe—pris'ner free—
 These are they works – Grand Masonry.
 But many, very many of you will ask what is the good of masonry?

Why, 1st – Masonry begets a confidence between individuals that neither party nor sect could accomplish. This is a benefit that extends into every ramifications of social life.

2d – It confers authority upon its members to speak confidently, yet prudently, to an erring brother. It will never be known how many dear brethren have been saved from temporal and spiritual ruin by a whispered counsel, sympathetic warning, and proffered aide.

3d – Masonry possess universal language, understood in all countries, by all races of all tongues, of all colors, and of all monotheistic [sic] creeds. There is nothing like this wonderful language for universality, so that amid all the vicissitudes of life, the mason feels that only one word of masonic nature is sufficient to call to his aid the good offices of brethren near and dear to his heart.

4th – It gives men, irrespective of party consideration, a code of life principles intensifying the noblest of aspirations. It makes then cosmopolitan, breaking down the petty barriers of country, state sect profession, &c. The highest title is Brother – none other can take its place.

5th - It unites men in a common work for a common good, as broad and catholic as mankind. It reaches men that sects, parties and side issues never could influence beyond the bounds of petty associations. It strongly refuses the proselyte, as it wants no material untried. If mankind be unworthy of such an institution, it can and must wait; and perhaps the time may come when the whole earth shall have become one great Lodge, the Ideal of Masonry. Then there will be one faith, one government, one brotherhood, one nation – all brethren, because all the children of the Holy Blessed and Glorious S.A.O.T.U.

Many articles have been penned, and many lectures have been delivered against the Fraternity. These articles and lectures are so full of falsehoods and malignity and ignorance that we do not seem it necessary to regard them. For masonry has adherents among who are the best citizens; while the pulpit, church, the bar, the army and navy, and every other profession, scientific, literally and mechanical, have their noblest sons enrolled under our banner.

But some say it is a humbug.

If the worship of an everlasting and true God, the creator of the heavens and the earth [sic], the supreme intelligence, whose hand guides the universe and controls the celestial powers, to whose name our works in the great cause of the regeneration of mankind are dedicated, is a humbug, then we plead guilty, for we are prone to confess that we are humbugged into the belief that masonry regards no man on account of his external qualifications. And he who knocks for admission at the door of masonry must believe in God, eschew envy, falsehood and malice; remembering that politics and sectarianism are not permitted with our temples, and that in masonry the Christian and Mohommedan [sic], the Jew and the Hindoo [sic]. [...] can meet on one broad and common platform, where the Fatherhood of God and the Brotherhood of man is the link that binds them together.

Brethren, in the strong masonic faith of persevering Light, Truth and Benevolence on [Earth] – though some may fail in their duty and defame our noble

institution by folly and wickedness, we know that nothing is perfect on this sublu[n]ary sphere, and that even virtue is subject to abuse and persecution, yet we still hope in carrying out the divine maxim, “love one another,” for the grand mystery of masonry is, that all men and religions have but one source – one real object of worship – “God the eternal Lord of Love and Truth,” in whose power we confide, in whose justice we trust, in whose love we hope, and to whom we pray for the removal of blindness from the eyes of hope, and to whom we pray for the removal of blindness from the eyes of those who hurl their papers balls at us.

For as masons we have learned,
 Let us speak of a man as we find him,
 And censure alone what we see;
 If a man is to blame let us remind him—
 From faults there is none of us free.

Masonry quickens the impulses of charity – sharpens the senses of integrity – softens the asperities of political war– tones down the dogmatic acrimony of theological discussion – mitigates the horrors of war and prompts to deeds of truest chivalry, or generous sacrifice.

Masonry snatched Putman from the torturing hands of his captors in the old French war. More than once unnerved the arm of Butler, when, with Brandt and his savage followers, he swept with fire and sword the lovely valley of Wyoming. It sent Kane in his crusade against the elements to tilt hip and thigh with the glaciers far up in the regions of eternal ice, in a vain attempt to rescue his masonic brother, John Franklin, from the chilling grasp of elemental snows.

Brethren, we are masons! We carry in our bosoms the inviolable mysteries of the “sacred order,” and none can truthfully dispute it. We claim to be “Ancient Free and Accepted Masons,” and we stand upon all the ancient landmarks, and defy the world to prove us to the contrary.

In centuries past and wrapped in eternity, when the Sanhedrim of the Romanish Church opened, in 1420, all the batteries of eloquence against this order, and the edicts issued by the Romanish Church set forth that masonry was hostile to the principles of the Church of Rome, it still increased. The intention of masonry was to enlighten the mind – the object and policy of the Church of Rome was to keep the mind and retain it in ignorance. When Free Masonry flourished the power of the Church must have decayed. The jealousy of the Church, therefore was aroused, and as the civil powers in both England and Scotland was most always in the hands of ecclesiastics, the Church and State were both combined against the principles and practices of Free Masonry. Along with these causes, the domestic and civil wars

which convulsed the two kingdoms from the 13th to the 17th century, conspired, in a great degree, to produce that decline of the fraternity. But notwithstanding all of these unfavorable circumstances, Free Masonry flourished and attracted the attention of the public in the reign of Henry VI, 1422. And the masons of England, Scotland and the Grand Orient of France reaches forth their hand of Fidelity, and clasps the ebon hand of the black masons of Alabama, and through me, your Grand Officer, in hearty words from across the turbid waters of the briny deep, bids you welcome into the “sovereign sisterhood of Independent State Grand Lodges.”

But Brethren, other and more important duties await our immediate attention. Therefore, in conclusion, in every clime where the bright luminary climbs the hill of heaven, it casts its mellow beams upon those who are firmly knit together by the triple tie of FAITH, HOPE and CHARITY.

FAITH – What uncounted comforts lie hidden in that little word; a shield for the unprotected, strength of the feeble, and joy to the careworn and waery, let thy saving and cheering influence descend on all.

HOPE – Thou hast a throne in every bosom, a shrine in every heart; what are the joys of [Earth] without thy cheering light? Beneath thy brilliant beams the frowns flit away from the brow of despair. Who would contentedly dwell upon the arid wastes of life’s desert did not they torch gleams point a way to a happier state? When sorrows plough the hear with deep furrows, and the ties of life are sundered one by one, though speaks “peace” to all within. Let thy beacon shine on in its unclouded splendor until every darkened path shall be lighted by its cheering beams. As an evergreen may though be planted in every brother’s heart.

CHARITY – Greatest of all – crowned queen among the virtues, and the brightest hand-maid of masonry. May thy steps never wax feeble nor thy heart grow cold. Let us mark thy presence by the mourner’s couch and in every breast made desolate. Teach us to throw thy broad mantle over the ignorant, the erring and the guilty. Let thy influence soften every heart and redeem every vicious mind.

Be faithful and true, ever firm to your trust,
In the lesson we give in the council of light;
And the herald shall summons you forth from the dust,
Above in the meetings of souls unite.

Thine, Fraternally,
G.W. BRYANT, G. Master.

*Printed with permission of PHTT Publishing.
© Published 2017 by L. Ken Collins, II*

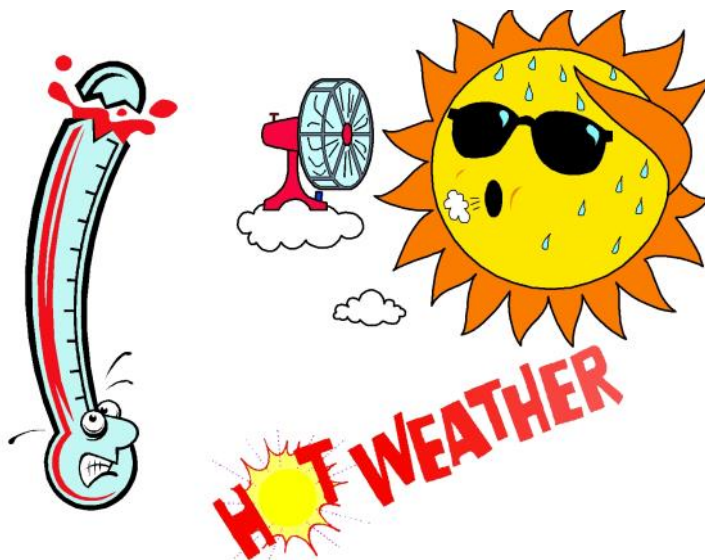
*Contributor - RW Dr. L. Ken Collins, II
Grand Historian*

Message from the Grand Medical Registrar

"IT IS HOT OUT THERE"

Greetings Brothers,

Giving praise to the Grand Architect for allowing us to see another season. Summer is on the way. Schools are adjourning and vacations are being planned or taken. It is time to get caught up on all that yardwork that has been delayed. However, the temperature for this new season is "heating up." Heat related illnesses are very real situations that can occur if one is not careful when it comes to protection from the heat. Loss of thermoregulation during exposure to high heat leads to heat related illnesses. Symptoms associated with heat related illnesses can range from swelling, muscle cramps from activity, heat exhaustion and heat stroke that can be life threatening. Typically, athletes, people that work mostly outdoors and people in the military are at greatest risk. Factors that can increase a person's risk for heat related illnesses are: certain medications, health related issues, the environment, and not allowing yourself to become adjusted to the environment. Learning to recognize and immediately treat these conditions can lead to less severe outcomes. I tell young people to not be fooled by their age. Younger people will at times believe that they are immune to adverse outcomes because their age will protect them. This is not true. Common sense is the best weapon when it comes to protecting the body from heat related illnesses. Pushing the body, believing one is conditioning the body by not drinking fluids is unwise. Remember the saying is, "when you know better you do better". A large number of us older guys were brought up on the concept to just "walk it off" if we sustain an injury. Today we know those were not the wisest decisions. Mild forms of heat related illnesses can be managed with proper supportive care.



Heat exhaustion can include heavy sweating, and a rapid pulse as result of the body overheating. It also consists of a rectal temperature going up to 104 degrees Fahrenheit, typically without central nervous system impairment. You can treat this condition by simple cooling, rest and rehydrating the body. Heat stroke on the other hand is quite different and a medical emergency. The symptoms consist of central nervous system impairments, rectal temperature of greater than or equal to 105 degrees Fahrenheit, multiple organs will shut down. Treatment for this condition is getting the body to a cool environment immediately by either ice water or some type of cold water immersion. A heat stroke is going to require hospitalization so that the body can be monitored. Seek medical care if you believe you or someone else has been exposed to these conditions. Treating within 30 minutes of experiencing a heat stroke will typically have a very good outcome.

Rest is vital, especially if heat stroke should occur. Typically encourage people to rest for at least seven days after this event and gradually increase activity over the next two to four weeks. Milder symptoms are best treated by your physician's recommendations if symptoms persist. Remember that getting your body acclimated to the environment, staying adequately hydrated, and trying to do activities, if permissible, at cooler times of the day will be of benefit in reducing the chance of heat related illnesses.

Remember there are varying stages of heat related illnesses that can be experienced. Symptoms can consist of simple heat associated swelling, muscle cramps induced by exercise, collapsing from exercise, to heat exhaustion and heat stroke.

If you work with athletes during the summer time, please keep this as a reminder of what can happen, in just a short time period, to the body. Do not encourage an athlete not to drink to "condition" the body. This archaic process only worsens the situation and can lead to life threatening complications. Encourage frequent water breaks to cool off. Monitor for signs and symptoms associated with heat related illnesses. Treat accordingly. Rapid cooling is the best approach with rest and medical follow up. I tell patients if they have access to a water hose then douse the body completely with cold water. Let the hot water run out of the hose first before applying the water.

Monitor kids and the elderly. We live in a humid region of the world. You can sometimes be in the shade and still sweat secondary to the humidity. If at all possible, try to replace fluid loss with some supplement such as gatorade or powerade, for example, to replenish lost electrolytes. If not readily available then proceed with water and seek medical attention. Keep in mind that if you do not have or know of someone that does not have air conditioning or ways of staying cool then please check on them to ensure they do not develop heat related illnesses.

Although the summertime is associated with partying and having a good time, be careful with alcohol in the heat. Drink responsibly and stay hydrated with water. Alcohol does not hydrate the body and will give a false sense that you are hydrating because you are drinking. "Not so fast my friend" as Lee Corso would state. You are having the opposite effect on the body especially in the heat. There are also many different medications that can cause heat related illnesses if you expose yourself to prolonged heat. Read your medication bottle and ask your physician about your medications if you will be exposed to heat for prolonged periods. Health issues such as heart disease, sickle cell disease, psoriasis, just to name a few, can also predispose one to health related illnesses.

Last, if you or someone should become disoriented while exposed to prolonged heat, please keep in mind that you may be experiencing heat related illness. Get cool, hydrate and seek medical care. Important point --- do not drink rapidly when you are re-hydrating. Take your time as this can cause additional problems. Also, do not try to diagnose which heat related illnesses you or someone else is experiencing. When in doubt call 911 and follow up with your physician.

Have a safe and joyful summer. Most of all practice precaution with the heat.

Matthew 9:12 KJV

But when Jesus heard that, he said unto them, They that be whole need not a physician, but they that are sick.

*Contributor – RW Dr. Belfondia Pou
Grand Medical Registrar*

\$ Dollars and Sense \$

Tips for Successful Retirement Planning Strategies

A successful 401(k) is a tactical plan for long term investing. People are living longer, meaning that retirements are lasting longer -- sometimes 20 or 30 years. Smart people will invest in their 401(k) now for the long term with the goal to have sufficient assets accumulated when retirement time comes.

If you have some type of 401(k) offering at work, it's a great opportunity to take charge of your financial future. If your workplace offers any type of matching program, be sure to take advantage. Especially in this economy, don't leave extra money on the table.

Here are some tips that can help achieve 401(k) success.

1. Resist the urge to stop contributing to your workplace-provided retirement plan.

Yes, times are tough and money is tight. But an important driver of human behavior is "inertia." Once you're in the plan, you tend to stay in it, and once you leave it, it will be tough to restart. Do yourself a favor and stay the course and reap the benefits when the economy recovers.

2. Keep your focus on the long term.

Retirement plans are long-term financial vehicles, so keep your eyes on the goals: investing as much as possible for your future retirement and investing for the long-term. Attempting to time the markets' volatility may cause you to miss out on upturns you can't predict.

3. Don't take a loan or a withdrawal.

While many workplace-sponsored retirement plans permit loans and withdrawals, they are almost always a bad idea, primarily because you are reducing your assets and you may be jeopardizing your future financial health. Additionally, you might be subject to additional taxes and/or penalties. Withdrawals and distributions of taxable amounts are subject to ordinary income tax and, if made prior to age 59 ½, may be subject to an additional 10% federal income tax penalty. While loans are generally not taxable, if you leave your employer you could be faced with immediate taxation and penalties if you cannot raise the funds to pay off that loan. The best plan is to look elsewhere for immediate sources of emergency cash. You will thank yourself during your retirement years.

4. Think about retirement income rather than a retirement nest egg.

Many people forget that the whole point of a retirement funding strategy is to help create a stream of income to live on during retirement when you will no longer receive a paycheck from your employer. So, take advantage of Web-based tools that help you project how much retirement income your projected savings and investments will generate. For many people, it is much less than they imagine, which could suggest two solutions: working longer or saving more. Not completely enticing, of course, but probably better than not having enough money to survive during your retirement.

Staying the course and planning strategically may be the best ways to help achieve 401(k) success. Take a step back and look at the big picture.

*Contributor – RW Gregory Clark
Convention Coordinator/Corporate Liaison
and Financial Planner*

Achievements

R.W. Gregory Clark Honored

R.W. Gregory L. Clark, 33°, Convention Coordinator was selected as the Distinguished Alumni Honoree representing Florida A&M University for the 2019 Mid-Eastern Athletics Conference Men's and Women's Basketball Tournament. Brother Clark was honored on Thursday, March 14, 2019, in Norfolk, VA.

Recently, Brother Clark has been notified of his election to the Florida A&M University Sports Hall of Fame. Greg was a star baseball player for the Rattlers from 1987 to 1991 helping the team win 3 Mid-Eastern Athletic Conference Championships. His induction means he will join other famous Hall Famers such as Major League Baseball greats Andre Dawson (Chicago Cubs), Vince Coleman (St. Louis Cardinals), Hal McRae (Kansas City Royals) and Marquis Grissom (Atlanta Braves). The Enshrinement Ceremony and Dinner will be on Friday, September 13, 2019, on the campus of Florida A&M University in Tallahassee, Florida.



R.W. Gregory Clark

Brother Clark is the 18th National President of the Florida A&M University National Alumni Association and a member of the Florida A&M University Foundation Board of Directors. R.W. Clark will be formally inaugurated to a second term on May 17, 2019, during the associations 2019 convention in Birmingham. Alabama.

Under the leadership of President Clark, the FAMU National Alumni Association was awarded the National Alumni Association of the Year in 2016 & 2018 by the Black College Alumni Hall of Fame, Inc. In 2016, Greg was awarded the National Alumni President of the Year by the Black College Alumni Hall of Fame, Inc.

During his tenure as NAA President, the association has experienced record growth in the area of Life Memberships which has added more than \$750K to the National Association's Endowed Fund. President Clark implemented the Save Our Students Scholarship which has become the most impactful retention scholarship benefiting students at FAMU in history. This scholarship has benefitted more than 300 students, assisting them in their efforts to graduate. This scholarship has contributed more than \$600K in the last three years.

A sought-after expert in alumni relations and fundraising, President Clark has consulted with HBCUs such as North Carolina A&T University, Alabama State University, Southern University, Spellman College, and Tuskegee University.

Finally, President Clark established the FAMU NAA Government Affairs Network which has led to successful lobbying efforts benefiting Florida A&M University. The recent lobbying efforts of this network lead the University to receiving \$5 million per year in unrestricted funding and 24.5 million to complete the Center for Access and Student Success (CASS) which will be completed in 2020.

In The Spotlight

Each quarter the MWPHGL of Alabama will place one of our worthy brothers In The Spotlight. The worthy brother placed In The Spotlight this quarter is:

Brother Brian “Blue” Smith

Growing up in a single-family household will either make you or break you, and with that being said Brother Brian “Blue” Smith created The BlueHeart Foundation 334 as an outlet for kids who are in single-family households. Brother Smith who was raised in the Ridgcrest Community of Montgomery, Alabama and a member of Hamilton Lodge No. 365 wanted to help his community. He saw homelessness, schools that needed attention, and a community that needed help and Brother Smith stepped up to fill that void.

With the help of Hamilton Lodge No.365, The BlueHeart Foundation has won several awards and recognition from Mayor of the City of Montgomery, Todd Strange, Governor of the state of Alabama, Kay Ivey, 2018 & 2019 River Region volunteers of the year award recipients. The Blueheart Foundation has also setup various programs like The Bowtie Club mentoring program which teaches teens how to dress for success, table etiquette, resumé writing, interviewing techniques, and how important a good education is.

The BlueHeart Foundation also established the \$100.00 monthly grocery giveaway. The BlueHeart Foundation also has a partnership with The Montgomery Veterans Hospital where it supplies water, coffee, and care packages for the veterans free of charge. Brother Smith came from humble beginnings but he always put other people before him, and that’s why he is a great community leader. He puts the spark in other people to do something positive in their own community. Brother Smith inspires teens to give back, and he has touched the lives of many. Brother Smith continues to impact the youth in Montgomery.



Brother Brian “Blue” Smith

REGION 4

News and Events from Region 4

District Seven Brothers remain United and Steadfast in Communities hit by Tornadoes

March 3, 2019, will forever be etched in the memories of residents of the Beauregard and Smiths Station communities. Tornadoes ripped through the heart of both of these communities leaving a path of death and destruction. In Macon County, one tornado touched down within one mile of Mt. Nebo Lodge No. 511, damaging property but no structural damages in the community. Masonic Lodges in the Beauregard community of Opelika, Alabama include Nazareth Lodge No. 927 and Golden Rule Lodge No. 11. Ten miles away in Auburn, Alabama sits Milton W. Howze Lodge No. 408. Masonic Lodges near Smiths Station include South Griffin Lodge No. 697 and Phoenix Lodge No. 428. Several members of the aforementioned lodges were directly affected as they lost several family members in the aftermath of the tornado damage. Several members suffered structural damage to their homes. Several tornadoes touchdowned in the Beauregard community leaving 23 people dead. Members of Nazareth Lodge No. 927, Golden Rule Lodge No. 11 and Phoenix Lodge No. 428 were directly affected with the loss of family members. According to the National Weather Service, it was the highest tornado death toll in the United States since 2013. All of the victims lived in roughly a one-square-mile radius of the community of Beauregard. Homes were completely destroyed.





Immediately after the storms passed, a massive clean-up and recovery effort was launched. In addition, relief efforts were initiated by several organizations like FEMA and Red Cross. Local churches set up drop off stations. Nazareth Missionary Baptist Church was established as one of the storm victim headquarters in the community. Pastor DeWayne Drakeford of Nazareth Missionary Baptist Church immediately announced that the church would be available for anyone needing assistance. Several truckloads of supplies were delivered daily at the church and Nazareth Lodge building. Hot meals were cooked daily for anyone who was affected and for all the work crews involved in the storm clean-up and recovery efforts. On the morning of March 9, District Deputy Erwin Chambliss and Derrick Baker, Worshipful Master of Golden Rule Lodge No. 11 organized a massive clean-up effort with the lodges of the Seventh District and Shrine Temples of Alabama. County Road 39 was the area they concentrated on. On that same day, brothers from South Griffin Lodge No. 697, Rising Star Chapter No. 847, OES and Nobles from Al Sharif Temple No. 252 came out to feed victims and volunteers. Several lodges within the district stepped up to deliver supplies and gift cards. Support came from other districts throughout the Jurisdiction of Alabama, as well. District 17 Deputy Anthony Johnson came down to deliver a monetary donation on behalf of his district. District 8 Deputy Donald Parks also donated supplies and money on behalf of his district. Members from his district also joined in the clean-up effort. District 1, along with Eastern Star Chapters from that area, also delivered several truckloads of supplies and gave a monetary donation, as well. Grand Master Corey Hawkins, Sr. came to Beauregard and presented a check



on behalf of the MWP HGL of Alabama. In subsequent days, Grand Master Corey Hawkins and RW Carlton Jones attended several funerals of their family members who were killed in the storm. Grand Master Corey Hawkins, Sr. returned to Opelika for Region 4 District meeting on March 30 and presented another check on behalf of the Masonic bodies of Alabama for victims of the Tornadoes.

District Seven would like to personally thank everyone for their prayers and donations and ask that everyone continue to pray for the victims and families of storm victims in the District Seven area. United We Stand!

Contributor – RW Carlton Jones (No. 428)

Hamilton Lodge No. 365

Supports Its Community

On January 12, 2019, the brothers of Hamilton Lodge No. 365 donated two bicycles to the kids who got the best grades in the entire Winston M. Blount Elementary School. This is the second school in which Hamilton Lodge No. 365 has surprised on Honors Day with bicycles. The first school was Chisolm Elementary in Montgomery, Alabama.

On February 17th, Hamilton Lodge held its 2nd Annual Red and Black Ball held at the Holiday Inn Eastchase in Montgomery, Alabama. The ball consisted of various foods, fellowship, and great music from Bro. DJ Ali. The lodge wanted every brother to bring their immediate family and friends, to enjoy the evening with the best lodge in the State of Alabama. The lodge gave away prizes and a great time was had by all in attendance.

On March 4th, Hamilton Lodge assisted its Grand District Deputy, RW Donald Parks on building shelves in his garage at his house. This special project took two days to complete and the lodge made sure that his shelves were of his liking, and the brothers received a lot of wisdom and laughter from Grand District Deputy Parks while completing this task.

Contributor – Bro. Brian Smith (No. 365)



Golden Rule No. 11 Continues to Work Hard in the Community

Golden Rule No. 11 continues to work hard in the community. The last quarter's charitable efforts that were done are Ward 2 clean up, Boston butt sale, track team sponsorship at Lafayette High School, mentoring with The Opelika Housing Authority, town hall meeting with the kids and the mayor, even the Selma Bridge crossing. No amount of money can buy the comradery, love, and support that has been received from the Prince Hall family from all over during this time of need in this community. The brothers from Golden Rule want to thank all the lodges, OES chapters, York Rite Bodies, Consistories, and Shrine temples that assisted during recovery efforts, made donations and just prayed for those affected. These are the moments that make the brothers proud to be a Prince Hall Affiliated Masons in the state of Alabama!

Contributor – WM Derric Baker (No. 11)



Early Star Lodge No. 395 Hosts Its Annual Masonic Ball

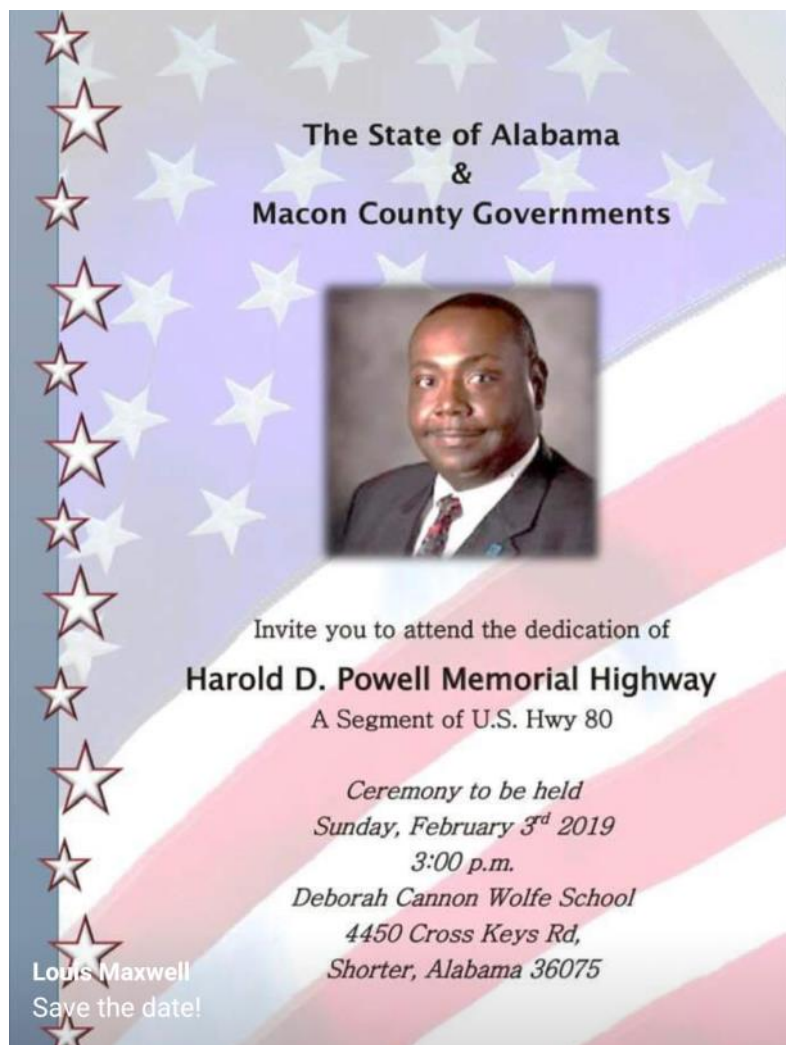
The brothers of Early Star Lodge No. 395 of Oak-bowery, Alabama held its 25th Annual Formal Masonic Ball at the F.O.P Lodge located in the city of Opelika, Alabama. The lodge introduced its mission at hand which is to make awareness of the organization and to make good men better. Proceeds from this event helps the brothers of Early Star Lodge No. 395 in supporting its community.

Contributor – Bro. Donald Jones (No. 395)



Shorter Lodge No. 533 Celebrate the Life of Brother Harold D. Powell, Jr.

On February 3, 2019, the brothers of Shorter Lodge No. 533, in District 7, came together to celebrate the life and legacy of a fallen brother, the late Brother Harold D. Powell, Jr. Shorter Lodge No. 533 is proud to have had such a mighty man of God a member of its lodge, as well as, proud to participate in dedicating a portion of Highway 80 in Shorter, AL as a memorial for Brother Powell. He was a great builder of the lodge and an asset to the City of Shorter. His dedication to the craft and love for the lodge showed every time he entered the building. He was responsible for the rebuilding and renovation project of our current lodge and started putting into motion a plan for future growth. In his honor, Shorter Lodge No. 533 has set aside a day in September every year as Harold Powell, Jr. Day. On this day the lodge will fellowship and remember the legacy and example Brother Powell left. Harold was a pillar of the community. He was the Town Clerk as he worked alongside his mother, Mayor Willie Mae Powell, to bring commerce and growth to Shorter, AL. The ceremony was held at D. C. Wolfe Elementary school with standing room only as people gathered to celebrate and remember the life, legacy, and love of Harold D. Powell, Jr. Brother Powell was a people person, it was said that he never met a stranger, due to his love for people, networking and entrepreneurial spirit, the dedication ceremony was attended by State of Alabama Representative Pebblin Warren and other state officials. Resolutions were presented and several local and county official in this area was in attendance. He will be missed but his life was an example for everyone to follow.



Shorter Lodge No. 533 Hosts Scholarship Banquet



On February 16, 2019, the brothers of Shorter Lodge No. 533 held a fundraising scholarship banquet. It was truly a night to remember from good food, good music, good fellowship, and good laughs. The community was a huge support to the banquet, they allowed the brothers of Shorter Lodge No. 533 to freely use D. C. Wolfe Elementary School to host the event. They also provided decorations for the banquet, as well. Surrounding lodges and OES chapters came out for a night of elegance and fun. The ladies showed off their gowns while the men strutted their stuff. One thing that can be said about District 7, it's that the brothers in the district don't mind supporting and fellowshiping with one another. Brother Willie Smith spoke on unity among the District 7 lodges, saying "no matter what lodge we are a member of, we are all here to serve others and give back to the community." The lodge also had several local city officials present from Shorter and Tallassee, Alabama. Due to the hard work of the craft and the support of the community, the lodge was able to raise money to go towards their scholarship. Shorter Lodge No. 533 will present three scholarships this year. Last year was a landmark year in scholarship giveaways. The lodge was able to raise the amount for each student to \$500 dollars per student. This year the lodge is planning to increase the scholarship amount even more.

Contributor – Bro. Joshua Anthony (No. 533)

REGION 5

News and Events from Region 5

New Beginning Lodge No. 970's Grand Lodge Adornment Initiative

On March 9, 2019, at the Regional meeting held in Tuscaloosa, Alabama, the Brothers of New Beginning Lodge No. 970 humbly donated to the Most Worshipful Grand Master Corey D. Hawkins, Sr., Esq., and the Grand Lodge pedestal and altar covers.

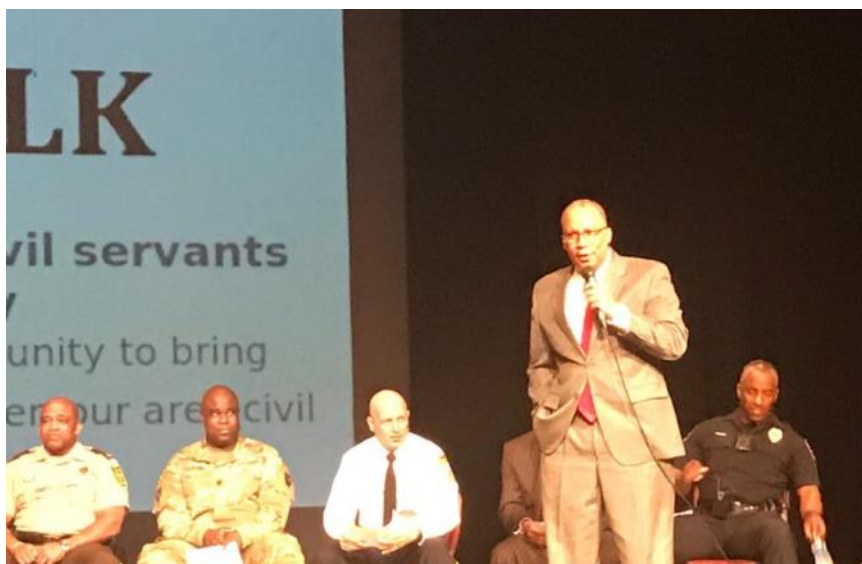
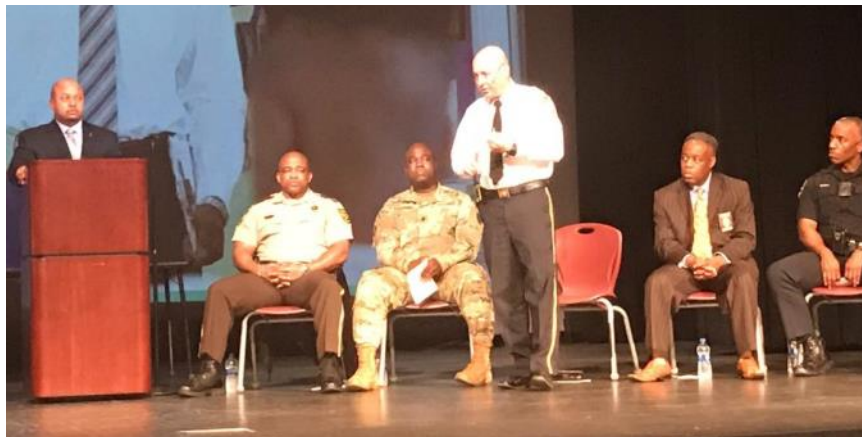
The Grand Lodge Adornment Initiative came from several conversations with the Brothers of New Beginning Lodge No. 970 that have traveled extensively throughout the US and foreign countries experiencing Masonry. One Brother visited a Grand Lodge session in Kansas and observed sitting in the East a beautiful banner under lights. It was a beacon and forever stained in his memory of what a standard should be. The Brothers of New Beginning resolved it was time to adorn our beloved Grand Lodge with a standard, altar cover, Grand Master, Grand Senior Warden, and Grand Junior Warden's station covers, an American and Alabama state flag.



New Beginning Lodge No. 970 Hosts Straight Talk with our Youth Forum

New Beginning Lodge members coordinated and hosted an intense forum focused on an array of pressing issues from crime and road safety to bullying and respect. This forum allowed high school students to directly engage and ask questions of city leaders. The Mayor of Center Point, first responders, pastors, judges, and school officials participated in dialogue, as well as, expressing concerns of students in our community. WM Ron Boone served as Moderator, Col. Dwight Coleman, PM served as a distinguished panel guest, Sec. Carlos Bozeman catered the reception afterwards. Assistant Secretary Klonaris Ingram served as media liaison. This event was covered by all local TV stations and streamed live on WVTM Channel 13.

Contributor – Bro. Carlos Bozeman (No. 970)



REGION 6

News and Events from Region 6

District No. 17 Recognized for Excellence in Community Service

On Thursday, January 10, 2019, the Huntsville City Council recognized District No. 17 for excellence in community service. Grand District Deputy Anthony Johnson was presented an Honorary Resolution from the City Council. Although Grand District Deputy Johnson was the recipient of the resolution, he stated that he did not see this as an individual recognition, but as a culmination of outstanding community service provided by the lodges within District No. 17 for Huntsville and surrounding areas. During the remarks provided by Grand District Deputy Johnson, he provided a brief overview of Prince Hall Masonry since its inception nationally, as well as, in the state of Alabama. Councilman Devyn Keith highlighted some of the efforts provided by the lodges within District No. 17 to include supporting Operation Green Team, Habitat for Humanity, homeless shelters, community centers, adopt-a-mile, scholarships, and mentorship programs to name a few. At the conclusion of the presentation, Grand District Deputy Johnson reemphasized to Mayor Tommy Battle that the lodges within District No. 17 stand ready to provide support to the City of Huntsville whenever called upon.

Contributor – RW Anthony Johnson



Morning Star Lodge No. 50 Hosts Annual Black & White Ball

On March 1, 2019, Morning Star Lodge No. 50 held its 11th Annual Black and White Charity Ball. This event was first held in 2008 under the leadership of Past Master Darrell Brown at the old Cahaba Shrine Temple. The brothers of Morning Star Lodge No. 50 wanted to support local organizations that had a financial need and demonstrated a strong presence in assisting others in the community. The Black and White Charity Ball was established to provide financial support and to give charity recipients a platform to talk about their services to the Huntsville community.

Under the leadership of Past Master's Anthony J. Johnson and H. Jerome Glover, the Charity Ball was moved to Huntsville's famed Von Braun Center in beautiful North Hall. During the past 11 years, with hard work, support and dedication by the brothers of Morning Star Lodge No. 50, charitable contributions have been made to such organizations as the National Association for the Prevention of Starvation (NAPS), the Triana Public Library, the Richard Showers Center Youth Program, James A. Lane Boys & Girls Club, Operation Making a Difference, Inc. (OPMAD), the Juvenile Diabetes Research Foundation, Jarrod M. Lockett Foundation, Harvest Youth Club, D'Aris Love Foundation and the Downtown Rescue Mission. The proceeds from this year's event went toward the Rose of Sharon Soup Kitchen which is a non-profit organization striving to meet both the physical and spiritual needs of the needy in the Huntsville & Madison County area. This is truly Masonic Charity at work.

Contributor – WM Barrington L. Dames (No. 50)



Morning Star Lodge No. 50 Donates to Rose of Sharon



Morning Star Lodge has been one of the most active lodges in the Huntsville area when local organizations are in need by providing assistance for the less fortunate whenever they are called upon. When the Rose of Sharon Soup Kitchen needed supplies, the Brothers of Morning Star didn't hesitate to provide and deliver donations at a moment's notice. Theresa Wilson, CEO of the Rose of Sharon Soup Kitchen, mentioned they needed styrofoam plates, cups, paper napkins, and metal spoons. Within one week all the donations were purchased and delivered.

The importance of organizations such as Morning Star Lodge No. 50 to provide help enables Rose of Sharon to continue their mission providing meals and giving food boxes to the less fortunate in our city. They have served well over a thousand meals already this year and that number will approach 15,000 by the end of the year, so they're just getting started. We encourage others to help them continue their mission.

Last, this mission struggles on a monthly basis so all donations are welcomed. Whoever wants to make a donation, please call or pay a visit to the Rose of Sharon Soup Kitchen, they are always in need of products, canned goods or clothes. Give from the heart and you will truly be blessed! Rose of Sharon's mission is, *To show God's love and grace in meeting both physical and spiritual needs of the poor and homeless in the Huntsville and Madison County area.*

Contributor – Bro. Greg White (No. 50)

Morning Star Lodge No. 50 Supporting the New Futures Family Lodge

On February 14th, the brothers of Morning Star Lodge No. 50 partnered with the sisters of Hendley Chapter No. 855, OES to uplift some special families in the community. This lodge and their sister OES chapter decided to spend their Valentine's Day at the New Futures Family Lodge for homeless families in Huntsville, Alabama. This facility is the only homeless shelter in North Alabama that allows families to reside in a unit together to maintain healthy relationships in order to thrive together as they seek out permanent housing and financial security. The lodge and chapter came together to provide care packages of toiletry items such as deodorant, toothbrushes, toothpaste, mouth wash, laundry detergent, face cloths, and bath towels.

On Saturday, March 23rd, the brothers of Morning Star Lodge No. 50 pulled together to support their community by working the Adopt-A-Mile Program. Morning Star Lodge No. 50 partners with Alabama PALS and the Alabama Department of Transportation to schedule morning clean-ups once a quarter. Morning Star wants to ensure that the community remains intact and presentable, so they took on the project of cleaning the mile directly in front of the lodge on University Drive in Huntsville, Alabama.

Contributor – Bro. Taurean Dawkins (No. 50)



Goodway Lodge No. 222

Busy in Its Community



On February 5, 2019, the brothers of Goodway Lodge No. 222 were presented with Mayor Tommy Battle's Community Development Appreciation Award for their work throughout the city of Huntsville on projects such as community cleanups, painting of elderly citizens homes, and yard maintenance.

On February 22nd, the brothers of Goodway No. 222 held their 2nd annual All Black Party celebrating excellence in the Black Community. The brothers had another great turnout and were once again able to honor multiple individuals that have stood out in the local community for their charitable and philanthropic work. This year the lodge recognized Justin Lockett, who founded a mentor program for young boys, Toney Parker, who sells real-estate and focuses on helping minorities purchase property, Coach Calvin Fletcher, who has coached and mentored youth for over 20 years at the local Boys & Girls Club, and Kiara Potts, who founded an organization that issues scholarships and helps with resumé writing for high school students.

On March 16th, the brothers of Goodway No. 222 were happy to assist local radio personality Lashay B with her annual prom dress giveaway. The brothers of Goodway transported all the dresses and equipment needed for the event from the radio station to the location in Madison and prepared for the event. Over 70 needy young ladies were helped by receiving dresses for prom.

Contributor – WM Jarvis L. Noel (No. 222)

Top Picture: Brandon James, SW Brian Johnson, PM George Ball Jr., WM Jarvis Noel, Director of Planning for Huntsville Community Development, Mrs. Michelle Jordan, and JW Gary Moore

Middle Picture: Justin Lockett, Toney Parker, WM Jarvis Noel, Coach Calvin Fletcher, and Kiara Pott

Bottom Picture: Brandon James, Bro. Carlton Brooks, JW Gary Moore, Radio Personality Lashay B, WM Jarvis Noel, Bro. Terence Fletcher, and SW Brian Johnson



Article Submission Guidelines

The Cornerstone Message accepts submissions of articles, flyers, and information of events of general interest to Prince Hall Masons throughout the state of Alabama. The *Cornerstone Message* is published quarterly in the months of April, July, October, and January. Submission of articles and photographs are to be forwarded to the publication's editor via email (hjeromeglover@yahoo.com). Please include a point of contact and telephone number with each article submission. Articles and photographs become property of the publication and the right is reserved to edit and use the articles and photographs as deemed necessary. **Deadline for sub-missions for the next issue of *The Cornerstone Message* is 22 June 2019.** These articles should include events from **April 2019 — June 2019**. Articles are to be submitted with a minimum of one paragraph written in third person using Microsoft Word (Times New Roman 11) and photographs should be of good quality JPEG format and captioned. No more than two articles per lodge can be submitted for each edition. Permission to reprint original articles appearing in *The Cornerstone Message* is granted to all recognized Masonic publications.

THE CORNERSTONE MESSAGE



EDITOR-IN-CHIEF

Honorable Corey D. Hawkins, Sr., Esq.

Most Worshipful Grand Master

RW George D. Echols

Grand Secretary

Post Office Box 10504

Birmingham, Alabama 35202

CONTRIBUTING WRITERS

Brother Greg White

Morning Star Lodge No. 50

Brother Taurean Dawkins

Morning Star Lodge No. 50

Brother Brian Smith

Hamilton Lodge No. 365

Brother Joshua Anthony

Shorter Lodge No. 533

Brother Donald Jones

Early Star Lodge No. 395

Brother Carlos Bozeman

New Beginning Lodge No. 970

WM Derric Baker

Golden Rule No. 11

WM Barrington L. Dames

Morning Star Lodge No. 50

WM Jarvis L. Noel

Goodway Lodge No. 222

RW Anthony Johnson

Morning Star Lodge No. 50

RW Carlton Jones

Phoenix Lodge No. 428

PM Herman "Jerome" Glover

Publication Editor

WM Roderick Caswell

Front Cover Designer

RW Dr. L. Ken Collins, II

Grand Historian

RW Belfondia Pou

Grand Medical Registrar

RW Gregory Clark

*Convention Coordinator/Corporate
Liaison and Financial Planner*